



**2010 Great Lakes Regional Music Therapy Conference
Holiday Inn North at the Pyramids
Indianapolis, IN
March 18-21, 2010**

PRELIMINARY PROGRAM

Wednesday, March 17

7:00 – 9:30pm

CMTE 1: Advocacy for Building Your Business: How to Talk to Potential Advocates for Music Therapy - *Judy Simpson, Dena Register, and the Indiana State Task Force [FREE]*

This CMTE presentation will take advantage of the regional conference location in the state capital by offering both advocacy training and coordinated visits to state legislators. Participants will learn the necessary skills to communicate effectively with state officials. Speakers will provide updates on state recognition efforts as well as health and education legislative issues related to music therapy practice.

Thursday, March 18

7:00am - 1:00pm

CMTE 2: Kokoro Taiko: Spirit, Heart, Mind – *Jackie Hinsey and Allison Ballard*

This workshop will use the powerful resonance of the taiko to explore and build relationship with the drum, with self and with others. Through drills, songs and improvisational structures, participants will use movement, rhythm and voice to experience mind-body connection, group cohesion, physical exhilaration and the joy of taiko.

8:00am – 12:00pm

CMTE 1 (continued): *Attendees will travel to meet with state legislators to promote access to music therapy services. A wrap-up discussion will review successful strategies and determine the direction of future advocacy efforts.*

10:00am – 4:00pm

GLR Executive Board Meeting

1:30 – 6:30pm

CMTE 3: Internship Development and Supervision– *Larisa McHugh [FREE]*

This course reviews the National Roster Internship Guidelines and application process, the AMTA Professional Competencies as a foundation for training, and basic internship supervision strategies. It fulfills the supervision training requirement for National Roster Internship Directors, but is open and applicable to all music therapy internship supervisors.

CMTE 4: Recharge your Songwriting: A Workshop to Improve Skills and Confidence – *Tracy Richardson*

Participants will learn the basics of songwriting, and how to use songwriting in/as therapy. Clinical and musical decisions which must be made will be discussed. Practical tools, such as common chord progressions and accompaniment patterns will be covered. Hands-on experiences are aimed at building confidence in using songwriting as a clinical intervention.

CMTE 5: Multimodal Improvisation: An Exploration of the Modes and Harmonies – *Peter Meyer*

This music course will be an introduction or a review of the modes of two different major scales: one on keyboard and one on guitar. In addition to the scales typical harmonic progressions of each mode will be demonstrated. Listening examples of common tunes will be provided to familiarize the participants of the sonorities of each mode.

CMTE 6: Music Therapy Drumming: Level One Primer – *Carolyn Koebel*

This CMTE will offer participants an opportunity to develop rhythmic skill sets, increasing effective use of percussion in clinical settings. Techniques will be taught from the ground up while addressing all skill levels. Rhythms will be rooted in traditional perspectives, but also taught with foundational therapeutic and interactive perspectives in mind.

7:00 – 9:00pm

Opening Session with Keynote Speaker: Amy McConkey Robbins

Friday, March 19

7:45 – 8:00 am

Morning Yoga

8:30 – 10:00am

St. Joseph Institute for the Deaf - community visit with tour and MT session observation

9:00 – 10:00am

- Multisensory Stimulation/Parent Education for Hospitalized Infants: Music Therapy/Child Life Collaboration – *Ann Hannan*
- Music Therapist Heal Thyself: When the MT Becomes the Patient – *Lisa Gallagher*
- Songs and Imagery in Early Addiction Treatment – *Kathy Murphy*
- Use of Harmonicas to Improve Health – *Lee Anna Rasar, Mary Jane Gormley, Larry Vesely, and Katrina Riffin*
- The Theoretical Rationale and Support for Music and Speech Therapies for Preschool Children with Autism– *Kendra Booth and Amy McNett*

10:15 – 11:45am

- Qualitative Analysis of Themes, Content, and Personal Responses of Eating Disorder Clients to BMGIM – *Annie Heiderscheit*
- Ryou Dragons: Innovative Approaches in Social Skills Training – *Mimi Sinclair and Joel Shaul*
- 10 Easy Ways to Use the Kalimba in Music Therapy – *Mark Holdaway*
- Compassion Fatigue and Self-Care for Music Therapists – *Bridget Doak*
- Music Therapists: Our Place on the Bus – *Sr. Mary Margaret Delaski, Miranda Eden, Diane Bauman, Sandra Lindsey, Peter Muszkiewicz, Alisha Snyder*

1:30 – 3:30pm

- When Acute Becomes Chronic: Supporting Families and Staff in a Children's Hospital – *Kimberly Goetz and Elizabeth Klingler*
- Song Discussion as Music Psychotherapy – *Susan Gardstrom and James Hiller*
- Music for Ourselves: Making Music with Other Music Therapists – *Sharon Boyle*
- High Touch/High Tech: Case Studies in Hospice Music Therapy – *Virginia Anderson, Ayumu Kitawaki, and Frederick Tims*
- Music and Imagery: Variations on a Theme – *Francis Goldberg and Louise Dimiceli-Mitran*

3:45 – 5:15pm

- Roundtable for Educators and Internship Directors – *Marilyn Sandness, Larisa McHugh and Lalene Kay*
- Music through the Decades: Songs, Events and Fashions from Decades of the 1900s – *IPFW Music Therapy Club*
- Regaining your Voice: MMIT in Acute Care – *Dwyer Conklyn*
- Cochlear Implants 101: Music through the Cochlear Implant – *Christine Barton*
- Songs of Survival: Songwriting with Teenage Survivors of the Rwandan Genocide – *Sarah Newberry*

5:30 – 6:30pm

GLR Business Meeting

GLRS Business Meeting

8:00pm

Drum Circle
Open Mic Night

Saturday, March 20

7:45 – 8:45am

State Business Meetings

9:00 – 10:30am

- "A merry heart is good medicine": Healthy Music Therapy Experiences for Parkinson's Disease Support Groups – *Roger Smeltekop*
- Research for Music Therapy Clinicians: Nuts & Bolts – *Annie Heiderscheit, Nancy Jackson and Kathy Murphy*
- Thinking Outside the Box: Combining Music and Play to Promote Cognitive Development – *Heather Palmer, Chad Reichert, Jamie Cussen and Lori Nijak*
- Impact of Music Therapists' Religious Beliefs on Clinical Practice: A Qualitative Study – *Paige Elwafi*
- In the Garden Alone? Skills, Suggestions and Support for Hospice Music Therapists – *Carolyn Koebel and David Melbye*

10:45am – 12:15pm

- Evidenced-based Practice in Medical Settings: A Clinician's Approach – *Joy Allen*
- End of Life: Joint Treatment Opportunities for Music Therapy & Spiritual Care – *Kathleen Bowsher and Tony Pinto*
- Effective Communication and Co-treatment With Speech-Language Pathologists: Need to Know Information for Music Therapists – *Lori Lundeen Smith*
- Use of the Iso-Principle as a Central Method in Mood Management : A Music Psychotherapy Case Study – *Amy Madson and Annie Heiderscheit*
- Private Practice: The Ins and Outs of Starting a Sole Proprietorship – *Rebecca Colby*

12:30-1:00pm

Pilates

1:00 – 1:45pm

Research Poster Session

Internship Fair

Exhibit Extravaganza

2:00 – 3:00pm

- Music and Relaxation: Tips and Approaches to Conducting Sessions – *Deb Cordell and Mary Ellen Wylie*
- Group Music Therapy for Children with Autism Spectrum Disorders – *Todd Schwartzberg*
- Therapeutic Use of Digital Music Production – *Ann Hannan and Katie Munch*
- The Native American Flute as a Therapeutic Tool – *Elizabeth Germano*
- Feminist Music Therapy: Using Jungian Theory to Inform a Multicultural Approach – *Seung hee Eum*

3:15 – 5:15pm

- Vocal Psychotherapy: When Words Sing and Music Speaks – *Diane Austin*
- Assessment in Group Music Therapy for Children with Developmental Trauma – *Deborah Layman and David Hussey*
- Product through Process: The Use of Song-writing, Video production, and Performance in the Social-emotional Development of a Child with Autism – *John Carpenite*
- An Introduction to the Bonny Method of Guided Imagery & Music – *Louise Dimiceli-Mitran*
- Down the Dirt Road: An Introduction to Country Blues – *Peter Meyer and Jay Thompson*

5:30 – 6:30pm

GLR Business Meeting

7:00 – 9:00pm

GLR Awards Dinner Banquet

Sunday, March 21

10:00am – 3:30pm

CMTE 7: Vocal Psychotherapy in Action – *Diane Austin*

This presentation will describe Vocal Psychotherapy, a new in-depth model of music psychotherapy that incorporates breath work, natural sounds, vocal improvisation, and songs with verbal processing. Audio taped case examples and demonstrations will illustrate how singing and vocal improvisation can facilitate the therapeutic process and deepen the connection to self and others. Vocal holding techniques and free associative singing will be covered.

CMTE 8: Analytical Music Therapy: An Experiential Workshop – *Benedikte Scheiby*

Analytical Music Therapy (AMT) as developed by the music therapist Mary Priestley is an approach to clinical improvisation that can be adapted to a variety of populations. Key concepts and clinical practice in AMT will be presented through self-experiences, live demonstrations, recordings and class discussions. The presenter is trained by Priestley and has been working within that particular method for 29 years in psychiatry, medical, private practice and educational contexts.

CMTE 9: New Developments in Nordoff-Robbins Music Therapy in the Treatment of Children with Autism – *John Carpen*

This CMTE will explore the use of Nordoff-Robbins Music Therapy being carried out by one therapist (without a co-therapist) within the DIR®/Floortime™ model in addressing the core deficits of children with autism. To that end, this course will discuss assessment, treatment planning, intervention and evaluation within the context of both, musical and social-emotional development. In addition, this course will provide participants with tips and techniques in clinical improvisation on guitar and piano through didactic and experiential learning.

CMTE 10: Music Entrainment, Imagery, Brain Complexity, and Health – *Mark Rider*

In this session, new research will be presented showing that music affects us due to similarities in measures of complexity. Healthier people have higher levels of brain complexity. Participants will be taught how to use entrainment music to increase brain complexity and facilitate health.

CMTE 11: Separate is NOT Equal: Heading into the Future with REAL WORLD School Music – *Laurel Weatherford and Angela Snell*

Learn how music therapy creates successful access to age appropriate curriculum and peers, yielding reciprocal benefits to special education, general education, and community stakeholders for today and in the future. Highlights include new approaches supporting all students, ages 0-26, in the real world, including language arts, math, science, and history.