



Holiday Inn North at the Pyramids

3850 DePauw Blvd.
Indianapolis IN 46268

Caribbean Cove Indoor Water Park

Conveniently located inside Holiday Inn North. 50,000 square foot water park featuring: 3 Water Slides, 2 Spas, a Lazy River, and Super Flume. Winter escape for the entire family!

Wristbands for water park may be purchased for \$15 per day.

<http://www.caribbeancovewaterpark.com/>
1.800.HOLIDAY or 317.872.9790

Room Rates

Single - \$99

Double/Triple/Quad - \$109

Rates based on occupancy; taxes extra

Directions

www.mapquest.com

Travel

Located off I-465 and Michigan Road

Indianapolis International Airport (IND)

Distance: 18 miles

Average Taxi Fee: \$35.00

For hotel amenities visit

www.indianapolis.com/holiday-inn-pyramids/

Call for reservations at GLR conference rate by February 24, 2010

1.800.HOLIDAY or 317.872.9790

Continuing Music Therapy Education

The 2010 GLR of AMTA conference is approved by the Certification Board of Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). The GLR of AMTA, P-021, maintains responsibility for program quality and adherence to the CBMT policies and criteria.

An abstract and learning objectives for CMTEs and an
At-A-Glance of Concurrent Sessions is located on

Association of Indiana Music Therapists website at <http://www.indianamusictherapists.com>

Great Lakes Region of AMTA website at <http://www.glr-amta.org/Conference.html>

Pre-Approved CMTE Sessions

Wednesday, March 17, 7:00pm -9:30pm

➤ **CMTE 1: Advocacy for Building Your Business: How to Talk to Potential Advocates for Music Therapy (FREE)**

Simpson/Indiana State Task Force.

This CMTE presentation will take advantage of the regional conference location in the state capital by offering both advocacy training and coordinated visits to state legislators. Participants will learn the necessary skills to communicate effectively with state officials. Speakers will provide updates on state recognition efforts as well as health and education legislative issues related to music therapy practice.

Pre-Approved CMTE Sessions

Thursday, March 18, 8:00am-12:00pm

➤ **CMTE 1: Advocacy for Building Your Business: How to Talk to Potential Advocates for Music Therapy (FREE)**

Simpson/Indiana State Task Force.

Attendees will travel to meet with state legislators to promote access to music therapy services. A wrap-up discussion will review successful strategies and determine the direction of future advocacy efforts.

Thursday, March 18, 7:00am-1:00pm

➤ **CMTE 2: Kokoro Taiko: Spirit, Heart, Mind** Hinsey/Ballard

This workshop will use the powerful resonance of the taiko to explore and build relationship with the drum, with self and with others. Through drills, songs and improvisational structures, participants will use movement, rhythm and voice to experience mind-body connection, group cohesion, physical exhilaration and the joy of taiko

Thursday, March 18, 1:30pm – 6:30pm

➤ **CMTE 3: Internship Development and Supervision (FREE)** McHugh

This course reviews the National Roster Internship Guidelines and application process, the AMTA Professional Competencies as a foundation for training, and basic internship supervision strategies. It fulfills the supervision training requirement for National Roster Internship Directors, but is open and applicable to all music therapy internship supervisors.

➤ **CMTE 4: Recharge your Songwriting: A Workshop to Improve Skills and Confidence** Richardson

Participants will learn the basics of songwriting, and how to use songwriting in/as therapy. Clinical and musical decisions which must be made will be discussed. Practical tools, such as common chord progressions and accompaniment patterns will be covered. Hands-on experiences are aimed at building confidence in using songwriting as a clinical intervention.

➤ **CMTE 5: Multimodal Improvisation: An Exploration of the Modes and Harmonies** Meyer

This music course will be an introduction or a review of the modes of two different major scales: one on keyboard and one on guitar. In addition to the scales typical harmonic progressions of each mode will be demonstrated. Listening examples of common tunes will be provided to familiarize the participants of the sonorities of each mode.

➤ **CMTE 6: Music Therapy Drumming: Level One Primer** Koebel

This CMTE will offer participants an opportunity to develop rhythmic skill sets, increasing effective use of percussion in clinical settings. Techniques will be taught from the ground up while addressing all skill levels. Rhythms will be rooted in traditional perspectives, but also taught with foundational therapeutic and interactive perspectives in mind.

Sunday, March 21, 10:00am – 3:30pm

➤ **CMTE 7: Vocal Psychotherapy in Action** Austin

This presentation will describe Vocal Psychotherapy, a new in-depth model of music psychotherapy that incorporates breath work, natural sounds, vocal improvisation, and songs with verbal processing. Audiotaped case examples and demonstrations will illustrate how singing and vocal improvisation can facilitate the therapeutic process and deepen the connection to self and other. Vocal holding techniques and free associative singing will be covered

➤ **CMTE 8: Analytical Music Therapy: An Experiential Workshop** Scheiby

Analytical Music Therapy (AMT) as developed by the music therapist Mary Priestley is an approach to clinical improvisation that can be adapted to a variety of populations. Key concepts and clinical practice in AMT will be presented through self-experiences, live demonstrations, recordings and class discussions. The presenter is trained by Priestley and has been working within that particular method for 29 years in psychiatry, medical, private practice and educational contexts.

➤ **CMTE 9: New Developments in Nordoff-Robbins Music Therapy in the Treatment of Children with Autism** Carpenete

This CMTE will explore the use of Nordoff-Robbins Music Therapy being carried out by one therapist (without a co-therapist) within the DIR®/Floortime™ model in addressing the core deficits of children with autism. To that end, this course will discuss assessment, treatment planning, intervention and evaluation within the context of both, musical and social-emotional development. In addition, this course will provide participants with tips and techniques in clinical improvisation on guitar and piano through didactic and experiential learning.

➤ **CMTE 10: Music Entrainment, Imagery, Brain Complexity, and Health** Rider

In this session, new research will be presented showing that music affects us due to similarities in measures of complexity. Healthier people have higher levels of brain complexity. Participants will be taught how to use entrainment music to increase brain complexity and facilitate health.

➤ **CMTE 11: Separate is NOT Equal: Heading Into the Future with REAL WORLD School Music** Weatherford/Snell

Learn how music therapy creates successful access to age appropriate curriculum and peers, yielding reciprocal benefits to special education, general education, and community stakeholders for today and in the future. Highlights include new approaches supporting all students, ages 0-26, in the real world, including language arts, math, science, and history.



indianamusict Therapists.com

Great Lakes Region of the American Music Therapy Association Conference, March 18-21 2010
Holiday Inn North at the Pyramids, Indianapolis, Indiana

Name (as it will appear on nametag) _____
Credentials (as they will appear on nametag) _____
If student, school: _____
Address _____
City _____ **State** _____ **Zip** _____
Home Phone _____ **Mobile Phone** _____
Fax _____ **E-Mail Address** _____
Number attending Saturday evening closing dinner _____
Dietary Requests/Food Allergies _____

Please check the CMTEs for which you are registering: **See fees listed below**

- CMTE 1: *Advocacy for Building Your Business: How to Talk to Potential Advocates for Music Therapy* (FREE); Judy Simpson, Dena Register & Indiana State Task Force
- CMTE 2: *Kokoro Taiko: Spirit, Heart, Mind*; Jackie Hinsey & Allison Ballard
- CMTE 3: *Internship Development and Supervision* (FREE); Larisa McHugh
- CMTE 4: *Recharge your Songwriting: A Workshop to Improve Skills and Confidence*; Tracy Richardson
- CMTE 5: *Multimodal Improvisation: An Exploration of the Modes and Harmonies*; Peter Meyer
- CMTE 6: *Music Therapy Drumming: Level One Primer*; Carolyn Koebel
- CMTE 7: *Vocal Psychotherapy in Action*; Diane Austin
- CMTE 8: *Analytical Music Therapy: An Experiential Workshop*; Benedikte Scheiby
- CMTE 9: *New Developments in Nordoff-Robbins Music Therapy in the Treatment of Children with Autism*; John Carpentre
- CMTE 10: *Music Entrainment, Imagery, Brain Complexity, and Health*; Mark Rider
- CMTE 11: *Separate is NOT equal: Heading Into the Future with REAL WORLD School Music*; Laurel Weatherford & Angela Snell

As part of our theme **Yoga and Pilates** will be offered. Please indicate your interest in participating in **Yoga yes / no** and **Pilates yes / no**. There will be a limited number of mats available, so if you are able, please bring your own.

	One Day Post by 2/24/10	One Day After 2/24/10	Full Conference Post by 2/24/10	Full Conference After 2/24/10	Total
Professional (member)	\$70.00	\$95.00	\$90.00	\$120.00	
Professional (Non Member)	\$90.00	\$115.00	\$140.00	\$170.00	
Student/Professional Retired	\$45.00	\$60.00	\$55.00	\$70.00	
Allied Health Professional	\$70.00	\$95.00	\$90.00	\$120.00	
Other: i.e. spouse	\$45.00	\$60.00	\$55.00	\$70.00	
CMTE	Early Bird	Late			
CMTE Professional	\$90.00	\$105.00			
CMTE Non Member	\$130.00	\$145.00			
CMTE retired/student/spouse	\$55.00	\$60.00			
				Subtotal	
				AMTA Dues	
				Donate to AMTA	
				Balance Due	

Please make checks out to:
 Association of Indiana Music Therapists
 c/o Sarah Ardoin
 5820 Downing Drive
 Indianapolis, IN 46228

Questions?
Please contact:

Lauren Steffy: Steffyla@gmail.com

Cancellation and Refund Policy: Refunds for cancellations are available by written request only. Requests must be mailed to Stephanie Harris at the registration address. Full refunds cannot be made. 80% of fees will be refunded if request is postmarked no later than March 1, 2010. 50% of fees will be refunded if request is postmarked before March 11, 2010. No refunds will be made after March 11, 2010. Refunds will be processed within 45 days after the conference.



GREAT LAKES REGION
AMERICAN MUSIC THERAPY ASSOCIATION

c/o Sarah Ardoin
5820 Downing Drive
Indianapolis, IN 46228

The **2010 Great Lakes Region** of the
American Music Therapy Association Conference
March 18-21, 2010



Indianapolis, IN - Holiday Inn North at the Pyramids
CMTEs: March 17, 18 & 21 Sessions: March 18-20 Meetings: 18-20

Click on Conference Information at:
www.glr-amta.org/Conference.html
www.indianamusictherapists.com