

Pre-Approved CMTE Sessions

Thursday, March 18, 8:00am -1:00pm **(Changed Time)**

CMTE 1: Advocacy for Building Your Business: How to Talk to Potential Advocates for Music Therapy - Judy Simpson and the Indiana State Task Force [FREE]

This CMTE will offer you valuable information on ways to seek out advocacy opportunities in your place of work, community, and state. Participants will learn the necessary skills to communicate effectively with a variety of stakeholders. You will have the opportunity to learn what is being done now to educate decision makers on the state level to promote access to music therapy services. Learn how to ensure your job security by increasing awareness of and access to music therapy services!

Activity Schedule

8:00 – 9:30 a.m.	Being an Effective Advocate
9:30 – 9:45 a.m.	Break
9:45 – 11:15 a.m.	State Recognition Process
11:15 - 11:30 a.m.	Break
11:30 - 12:45 p.m.	Tools for Success
12:45 – 1:00 p.m.	Q & A and Post-Test

➤ **CMTE 2: Kokoro Taiko: Spirit, Heart, Mind** Hinsey/Ballard

This workshop will use the powerful resonance of the taiko to explore and build relationship with the drum, with self and with others. Through drills, songs and improvisational structures, participants will use movement, rhythm and voice to experience mind-body connection, group cohesion, physical exhilaration and the joy of taiko

Thursday, March 18, 1:30pm – 6:30pm

➤ **CMTE 3: Internship Development and Supervision (FREE)** McHugh

This course reviews the National Roster Internship Guidelines and application process, the AMTA Professional Competencies as a foundation for training, and basic internship supervision strategies. It fulfills the supervision training requirement for National Roster Internship Directors, but is open and applicable to all music therapy internship supervisors.

➤ **CMTE 4: Recharge your Songwriting: A Workshop to Improve Skills and Confidence**

Richardson

Participants will learn the basics of songwriting, and how to use songwriting in/as therapy. Clinical and musical decisions which must be made will be discussed. Practical tools, such as common chord progressions and accompaniment patterns will be covered. Hands-on experiences are aimed at building confidence in using songwriting as a clinical intervention.

➤ **CMTE 5: Multimodal Improvisation: An Exploration of the Modes and Harmonies** Meyer

This music course will be an introduction or a review of the modes of two different major scales: one on keyboard and one on guitar. In addition to the scales typical harmonic progressions of each mode will be demonstrated. Listening examples of common tunes will be provided to familiarize the participants of the sonorities of each mode.

➤ **CMTE 6: Music Therapy Drumming: Level One Primer** Koebel

This CMTE will offer participants an opportunity to develop rhythmic skill sets, increasing effective use of percussion in clinical settings. Techniques will be taught from the ground up while addressing all skill levels. Rhythms will be rooted in traditional perspectives, but also taught with foundational therapeutic and interactive perspectives in mind.

Sunday, March 21, 10:00am – 3:30pm

➤ **CMTE 7: Vocal Psychotherapy in Action** Austin

This presentation will describe Vocal Psychotherapy, a new in-depth model of music psychotherapy that incorporates breath work, natural sounds, vocal improvisation, and songs with verbal processing. Audiotaped case examples and demonstrations will illustrate how singing and vocal improvisation can facilitate the therapeutic process and deepen the connection to self and other. Vocal holding techniques and free associative singing will be covered

➤ **CMTE 8: Analytical Music Therapy: An Experiential Workshop** Scheiby

Analytical Music Therapy (AMT) as developed by the music therapist Mary Priestley is an approach to clinical improvisation that can be adapted to a variety of populations. Key concepts and clinical practice in AMT will be presented through self-experiences, live demonstrations, recordings and class discussions. The presenter is trained by Priestley and has been working within that particular method for 29 years in psychiatry, medical, private practice and educational contexts.

➤ **CMTE 9: New Developments in Nordoff-Robbins Music Therapy in the Treatment of Children with Autism** Carpena

This CMTE will explore the use of Nordoff-Robbins Music Therapy being carried out by one therapist (without a co-therapist) within the DIR®/Floortime™ model in addressing the core deficits of children with autism. To that end, this course will discuss assessment, treatment planning, intervention and evaluation within the context of both, musical and social-emotional development. In addition, this course will provide participants with tips and techniques in clinical improvisation on guitar and piano through didactic and experiential learning.

➤ **CMTE 10: Music Entrainment, Imagery, Brain Complexity, and Health** Rider

In this session, new research will be presented showing that music affects us due to similarities in measures of complexity. Healthier people have higher levels of brain complexity. Participants will be taught how to use entrainment music to increase brain complexity and facilitate health.

➤ **CMTE 11: Separate is NOT Equal: Heading Into the Future with REAL WORLD School Music** Weatherford/Snell

Learn how music therapy creates successful access to age appropriate curriculum and peers, yielding reciprocal benefits to special education, general education, and community stakeholders for today and in the future. Highlights include new approaches supporting all students, ages 0-26, in the real world, including language arts, math, science, and history.