



## **GLR 2017 PRELIMINARY PROGRAM**

*Please note that this information is subject to change. We will do our best to keep it up to date on the Guidebook Conference App that will be published next month.*

### **FRIDAY**

**8:00-9:15 AM**

*Today You Can Play: The Appalachian Dulcimer*

Kathy Schumacher, MT-BC

Have you ever had a hankering for learning how to play the Appalachian dulcimer? If you already know the basics for playing a guitar or ukulele, you can learn the background knowledge and skills needed to use this instrument clinically in less than one hour. You can play today!

*You Put Your Whole Self In: Reflective Practice & Sacred Clinical Space*

Lindsay Rossmiller, MT-BC; Melanie Wiseheart, MT-BC

Participants will engage in/witness real time unfolding of preparation, delivery, and debriefing of music therapy work as it relates to clinical ritual, and reflective practice. Participants will explore own understanding of group dynamics, identify resources for reflective practice and develop introductory plan for application to current practice.

*Patient-Preferred Live Music in Adult Medical Settings: Supporting Literature and Intervention Derivatives*

Michael J. Silverman, PhD, MT-BC

Due to their symptoms, adult medical patients often desire a receptive music therapy experience and patient-preferred live music (PPLM) often constitutes a choice intervention. The presenter will summarize the existing PPLM literature, theory supporting PPLM, and highlight new research involving protocol-based derivatives of PPLM, musicality, and future directions.

*Rethinking Autism: How Forgetting What I Knew Led to Improved Clinical Outcomes*

Casey DePriest, MT-BC

This presentation will explore one therapist's "awakening" after uncovering important research about the neurologic connectivity differences, movement and sensory differences, and the hidden abilities of some individuals on the autism spectrum. Hear how a change from a behavioral approach to a neurologic approach made all of the difference and allowed this therapist (and others) to see clients differently. Hear how this work has led to improved clinical outcomes and the development of a successful therapeutic day school, ACCESS Academy, which uses neurologic music therapy to meet the needs of its students.

*Amp Up Your Songwriting: Going Beyond I-IV-V-I*

Sarah Hudziak, MT-BC

Thirsting for more from your original music? Bring your guitar and tap into your creativity at this songwriting workshop! We will discuss expanded chord progressions, minor mode, song structures, and composition techniques. The session will end with collaboratively writing original music using the techniques discussed. Leave with fresh ideas!

*Hunting the Heart's Treasure: Spiritual Self-Care Opportunities for Hospice Music Therapists*

Susan B. Wesley, PhD, LCAT, MT-BC

The essential use of music and making music by a music therapist in hospice work immediately connects her/him to spirituality. This personal connection to patients and their families invites an often unconscious investment by the self and, being unconscious, can drain the therapist without any recognition of what is happening.

*Presumption of Competence: A Mindful Strategy to Maximize Client's MT Experience*

Tsz Hei Fatima Chan, MME, MT-BC

Physical appearance, behaviors, and diagnoses are potential obstacles for professionals to oversee the hidden abilities of some individuals. Practicing presumption of competence can provide the most dignified and the least dangerous environment to individuals with intellectual disability. This approach will enhance therapeutic outcomes and help these individuals to gain independence.

## 9:30-10:45 AM

### *Building Your Scope: Expanding Your Clinical Expertise*

Debbie Bates, MMT, MT-BC; Annie Heiderscheit, PhD, MT-BC

Music therapists have an ethical responsibility to work within their scope of practice, but most are not competent in all clinical areas. How do music therapists pursue jobs in new clinical areas without experience? The presenters will share ways to ethically build competence and broaden scope of practice when clinical work experience is absent.

### *Independent Contractor vs Employee: Are You Classifying or Classified Correctly?*

Jennifer Whitlow, MT-BC; Morgan Sparks, MT-BC

Have you ever wondered the difference between being a subcontractor and an employee? The IRS gives specific regulations about requirements when classifying workers. Although, we are not HR professionals or lawyers, we are going to discuss key signs to making sure that music therapists are classified correctly and that businesses are classifying YOU correctly.

### *Clinical Phonetics for Music Therapists*

Kaillie Enser, MT-BC

This presentation will serve as an introduction to clinical phonetics and its application for music therapists. Attendees will learn the physiological components of phoneme production and the distinctive features that differentiate both consonants and vowels. Attendees will create a take-home resource of songs and activities to target phonetic targets in therapy.

### *Education and Clinical Training Roundtable*

Lalene Kay, MM, MT-BC; Kay Luedtke-Smith, MT-BC

### *Pinterest! Exploring New and Creative Interventions!*

Lorissa Letwin, MA, MT-BC; Ericha Rupp, MA, MT-BC

Get ready, get set, PIN! Join two music therapists as they take you on a journey through the world of Pinterest! Learn how to take what you already know and love, and transform your ideas into new, creative interventions and lesson plans that will fit your clients needs.

### *"All About Dialysis" - Music Therapy Unites Patients and Staff in Pediatric Nephrology*

Meredith Schlbig, MT-BC; Susan Smiddy, MT-BC

Patients and staff at C.S. Mott Children's Hospital write and produce an original song together, culminating in a "launch party" exemplifying patient and family centered care. This presentation features how this project came to fruition, case studies, and how music therapists can successfully integrate services with hospital personnel.

*Therapeutic Use of the Harp: Basic Playing Technique and Improvisation Scales*

Nancy O'Brien, RMT, MCAT

This workshop provides an opportunity to learn basics (hands on) about the lever harp and its use as a therapeutic instrument to be actively utilized by the therapist and client. Basic technique will be presented as well as modes for immediate success in solo and/or group improvisation.

**12:00-1:30 PM**

*Mentor Meet and Greet*

Theresa Merrill, PhD, MT-BC; Angela M. Snell, MEd, MT-BC; Jeffrey Wolfe, MM, MT-BC

**12:15-1:15 PM**

*Internship Fair*

**1:30-2:45 PM**

*Functional Ukulele Workshop*

Andrew Neary, MT-BC

Learn and explore functional uses of the ukulele in music therapy settings. Learn how to create your own structured musical prompts with the instrument, even if you are not an accomplished player. Please bring ukuleles and ideas and thoughts from your clinical setting to discuss and explore with the group.

*The Intersection of Music and Neuralscience: A Game Changing Model*

John D. Hartman, MT-BC

Come and be engaged and inspired to make a dramatic difference in the lives of those we love and serve through cutting edge application of music elements to non-musical brain functions. Each participant will learn the basic principles of a neural sequence model that will produce amazing results in quick time. We will learn functional applications to address perception, levels of attention, types of communication and executive functions. Finally, we'll discuss and learn how these concepts need to drive systems change in public education models as well as long-term care and the funding mechanisms that feed them.

*Connecting with Young Clients: MT and Adolescents*

Kellie Schallert, MS, MT-BC; Melanie Brison, MT-BC

The preferences of adolescents are always changing, and it can be challenging to construct effective sessions and activities with this dynamic population. Presenters will discuss various intervention options in differing adolescent populations. Participants will have the opportunity to engage in several interventions during the course of the session.

*Music Therapy for Older Adults: Tips and Tools for Working with Diverse Groups*

Kristin Conrad, MA, MT-BC; Nora Turnbloom, MT-BC

This session will provide students and new professionals with knowledge and strategies to successfully lead music therapy sessions for diverse groups of older adults. Participants will learn about diagnoses, challenges of working with this population, and tips for determining and prioritizing goals for diverse groups. Sample interventions will be shared.

*Thriving in Your Internship: Seeds of Wisdom from 100 Interns*

Sandra Holten, MT-BC; Dawn McDougal Miller, MME, MT-BC

This presentation is designed to help students make the most of their internship. Strategies will be identified to successfully prepare for and navigate the stages of the internship. You will hear from the experts, 100 of our former interns, who were surveyed and asked to share their wisdom with future interns.

*Music Therapy Post-Elective Orthopedic Surgery*

Lisa Gallagher, MA, MT-BC

The presenter will share findings from a study with patients who received music therapy post-elective orthopedic surgery. The purpose was to determine the effects of music therapy on pain, anxiety, mood, and nausea. Results from patient data and medication usage will be shared, and future recommendations will be suggested.

*Music Therapy Techniques to Support PBIS Programs in Schools*

Amy Schaack, MT-BC; Andrea Halvorson, MA, MT-BC; Sarah Kolander, MT-BC; Katherine Sherrill, MT-BC

Learn how music therapy techniques are being utilized to support PBIS programs in schools to address appropriate social skills and behaviors. This presentation will highlight two successful collaborations between music therapists and professionals from schools/special schools. Work together to create music-based concepts to support PBIS resources used in schools.

**2:45-3:45 PM**

*Research Poster Session*

**3:00-3:30PM**

*Town Hall Meeting with Assembly of Delegates*

**3:45-5:00 PM**

*Emotional Rollercoaster: Music Therapy and the Zones of Regulation for Social/Emotional Development*

Alyssa Wilkins, MT-BC

Music Therapists often work with clients who struggle with emotional expression and social communication. Using Music Therapy in tandem with the Zones of Regulation can help develop these emotional and social skills that are necessary for future growth. This session explores various interventions to facilitate social and emotional development.

*Assessment of Musical Preference/Familiarity During Pregnancy and Music Therapy Assisted Childbirth*

Kate Taylor, MA, MT-BC

Intake and assessment data of musical preference and familiarity gathered from nearly 50 pregnant women and partners will be presented. Demographic and pregnancy related information like stages of birth, treatment goals for MTACB, birth experiences and outcomes will be addressed in relationship to preference and degree of familiarity to music.

*Sharing our Work: Report of the Master's Level Entry Subcommittee*

Mary Ellen Wylie, Ph.D., MT-BC; Ronna Kaplan, MA, MT-BC; Amy Furman, MM, MT-BC; Angela Snell, MSED, MT-BC

MLE Subcommittee members will share information about our work in the last year. Featured will be work with Pro Bono Analytics, our work to analyze and summarize the surveys of educators and internship supervisors, and future tasks of the Subcommittee.

*Voicing Words Unspoken: Songwriting with Female Adolescents with Terminal Illness*

Meredith Schlabig, MT-BC; Susan Smiddy, MT-BC

The presenters will discuss case studies highlighting common themes, the importance of the therapeutic relationship, maintaining boundaries and building community through songwriting. Original songs, lyrics and music videos will be shared to accentuate and expound these themes and provide opportunities for attendees to ask questions and grow in their practice.

*The Music of Laughter: Using Laughter in Music Therapy*

Andra Duncan, MT-BC

Learn about the basic principles of Laughter Yoga and how its techniques and exercises, using yogic breathing and laughter, can be applied within the music therapy clinical setting. Participants will experience and learn about the various ways that laughter, combined with music, can be used for wellness, coping, social skills, and other goals within a variety of populations. No yoga experience needed.

*On the Road Again: "Expanding Service Access with Mobile Music Therapy Studio"*

Amy Schaack, MT-BC; Bradley Schaack, DPT; Sarah Kolander, MT-BC; Katherine Sherrill, MT-BC

Music therapists providing services on a mobile music therapy studio will share success stories, challenges, functional applications, and logistical needs. The presenting team will answer questions from the audience about the mobile studio. The audience will have an opportunity to sign up for a tour of the studio (weather permitting).

*This One Goes to 11: Let's Tap Into the Groove*

Mike LimBybliw, MT-BC

This One Goes to 11: Let's Tap into the Groove will help participants gain valuable technical vocabulary for hand drums/guitar accompaniment solidifying a deeper individual sense of the importance of groove / "feel" in clinical practice. A variety of styles/genres and clinical scenarios will be addressed towards greater musical competence.

**5:15-6:15 PM**

*GLR Business Meeting*

## ***Saturday***

**8:00-9:15 AM**

*Building Musical Communities: Avocational Music Making and the Music Therapist*

Beth Ann Swinson, MT-BC

Participants will explore and design music interventions and groups that integrate evidence-based practices in music therapy with activities for avocational musicians and community members with little musical experience, in order to strengthen relationship bonds, build healthier social structures, and deepen awareness of music therapy among the general public.

*Contemporary Neurocognitive and Psychological Models of ASD: Implications for Music Therapy Practice*

Edward Todd Schwartzberg, M.Ed, MT-BC

This presentation will provide attendees with current research findings and psychological models that aim to explain the neurodiverse development of individuals with ASD. Attendees will learn how to explain the efficacy of music therapy within these models and how music therapy interventions can be used to address deficits areas.

*Translating Clinical Music Therapy Data into Clinical Evidence: Post Hoc Analysis*

Annie Heiderscheit, Ph.D., MT-BC, LMFT

Capturing relevant clinical data is a critical aspect of music therapy practice. Clinical evidence provides invaluable information regarding what is taking place in music therapy sessions. This evidence demonstrates the benefits of music therapy to patients. This presentation will explore how to develop documentation to effectively capture this clinical data.

*From Misrepresentation to Outstanding Opportunity: Growth Mindset and the Advocacy Champion*

Jessica DeVillers, MA, MT-BC

Misrepresentation, what is it and what can you do about it while promoting our field? Join the members of the Professional Advocacy Committee of the American Music Therapy Association to discuss, how to advocate for our field and promote creation of amazing opportunities, growth, and collaboration.

*Meaningful Music Therapy Interventions for Long Term Care*

Holly Semrow, MT-BC

Get out of the singalong rut with this presentation full of meaningful intervention ideas focused on using client strengths to address client needs. While these interventions were developed specifically for older adults in long-term care, they can be applied to any population. Attendees should come ready to participate actively and share ideas.

*Facilitating Effective Improvisational Music Making with your Clients*

Jennifer Lind, MT-BC

Learn how to incorporate improvisational music-making in your music therapy setting, using improvisation to address therapeutic goals. Expand your musical vocabulary of improvisational structures and styles, including traditional blues, R&B, rock, and new age. Participate in experientials of various techniques for structuring musical improvisation to meet your clients' needs.

*Music Therapy as Continuous Support for Symptom Management During Childbirth and Postpartum Care*

Kate Taylor, MA, MT-BC

Practical models of obstetric nursing address symptom management through several domains to meet the complex needs of birthing families. These multimodal approaches to labor support compliment several approaches to music therapy assisted childbirth. Learn how music therapy techniques can facilitate continuous symptom management during and after vaginal or C-section births.



**9:30-10:45 AM**

*Music-Based Intervention for Stress Based on the Therapeutic Function of Music*

Jennifer Fiore, PhD., MT-BC

Stress and anxiety impact people daily, with prolonged periods leading to burnout and decreased quality of life. Risk and protective factors will be presented as well as an online music-based intervention for stress management, developed from an analysis of the research related to the therapeutic function of music.

*Music Therapy and Applied Behavior Analysis: Behaving in Harmony*

Elizabeth Krickhahn, MT-BC

This presentation will provide music therapists with basic techniques from the Applied Behavior Analysis approach and discuss ways to integrate these techniques into their clinical music therapy practice, including ways to identify, shape, and react to behaviors. Participants will be given real life scenarios to discuss as a group.

*Becoming Mother: Embodied Music Therapy Techniques for Postpartum Emotional Healing*

Beth Rousseau, MA, MT-BC

Participants in this experiential workshop will learn vocalization and movement exercises designed to assist clients healing from difficult birth experiences. Information on postpartum depression and PP-PTSD will be provided. Ritual presented as a tool for healing negative associations with the transition to motherhood.

*Songs of Inclusion: Providing Inclusive Music Programs Within Schools*

Kellee Coviak Hansen, MS, MT-BC; L.R. Rosen-Weatherford, MM, MT-BC

IDEA supports the inclusion of all students in general education to the maximum extent possible. Individuals with disabilities are often mainstreamed within music education classrooms where many educators receive little training for working with special learners. This session will highlight inclusive strategies for collaboration between music therapists and music educators.

*Community Classroom in Music Therapy Education: Benefits for Students and Community Partners*

Annie Heiderscheit, Ph.D., MT-BC, LFMT

This presentation will describe a community based learning experience designed and executed for undergraduate music therapy students and a major medical center. The presenters will describe the origins, the process and outcomes of the collaborative project. Benefits and challenges of the project will be discussed and how this real world experience advanced student learning.

*How do you do that? Beatboxing, Vocal Percussion, A Capella in the Clinic*

Leslie Henry, MM, MT-BC; South Milwaukee High School Delta V and PopRockets

Walk away feeling comfortable using A Cappella in your clinical settings. Join members of local winning A Cappella groups to learn a variety of ways to use the voice through beat boxing, vocal percussion, and simple A Cappella songs in this fun and informational experiential session.

*Engaging Young Learners through Music, Movement and Literacy*

Fran McKinney

This workshop will pair songs with movement, books and other visual materials in activities to facilitate language, early learning and literacy skills in children with a variety of needs. Participants will be active in the workshop, discovering how these strategies can engage all learners while also increasing self-esteem and building community.

**11:00-12:00PM**

*State Meetings*

**12:15-1:45 PM**

*Awards Luncheon*

**2:30-3:45 PM**

*So You Want to be a Music Therapy Blogger?*

Julie Palmieri, MM, MT-BC

This session will focus on exactly how music therapists can use blogging as an effective marketing strategy and advocacy tool. Participants will identify the basic building blocks that go into establishing and maintaining a blog. Music therapists will walk away with ideas for their next blog post and more!

*Strategies for Maximizing Active Participation in Music Therapy Interventions **Part Two featuring the Madison Symphony string quartet playing LIVE***

Members of the Madison Symphony Orchestra HeartStrings Rhapsodie Quartet; Kathryn Schwarzmann, Education and Community Engagement Director, MSO; Laurie A. Farnan, MMT, MT-BC; Michelle L. Schumacher, MSE, RMT

This session is open to all conference participants and required for those who are participating in the CMTE. We will provide a rare live demonstration of what goes on in an actual interactive community engagement session. HeartStrings continues to reach beyond traditional performance settings to bring live, interactive presentations by some of the best players into healthcare and residential facilities. The string quartet will play live and the therapists will demonstrate active participation strategies. There will be a question and answer segment to

learn what this type of work means to both the providers and participants. The Madison Symphony has been recognized as a nationwide leader in successful partnerships with healthcare settings.

*Clinical Applications for Use of Steel Pan in Music Therapy Sessions*

Lee Anna Rasar, MT-BC

This presentation will provide a demonstration and description of clinical applications for the use of steel pan in music therapy sessions in a variety of populations to target specific goals. Participants will play on steel pan and will receive handouts with descriptions of activities, goals, and adaptations for specific populations.

*Early Childhood Mental Health: Current Research and Practice*

Meredith Pizzi, MPA, MT-BC

The concerns surrounding early childhood mental health continue to increase. Research has demonstrated a need for preventative and universal services for young children and their families. This session will focus on the unique role of music and music therapy in developing sound mental health for young children

**4:00-5:15 PM**

*Funds to Grow On: Early Childhood Program Development with the MUSE Fund*

Kellee Coviak Hansen, MS, MT-BC

This presentation will highlight the development and expansion of an early childhood music program within childcare facilities through the aid of the GLR Special Projects MUSE Fund. Budgetary considerations as well as strategies for approaching community organizations will be addressed.

*From Whiskey Lullabies to Pub Songs: Fingerstyle Guitar Technique and Repertoire*

Peter Meyer, MA, MT-BC; Destiny Henn

This workshop will engage participants to work on fingerstyle guitar, including Travis picking, Delta Blues and Bluegrass in the thrilling context of songs about beer.

*Factors Influencing Research Questions and Associated Methods in Music Therapy Research*

Michael J. Silverman, PhD, MT-BC; Katrina McFerran, PhD

The purpose of this session is to present a model depicting hidden factors that influence the development of research questions in music therapy research. The presenters will discuss an array of contextual parameters that are often undisclosed to enhance communication and create a culture of respect, appreciation, and understanding.

*Music Therapy with Pre-Bereaved Caregivers: A Resiliency Building Model*

Noah Potvin, MMT, LPC, MT-BC

During pre-bereavement, familial caregivers are challenged with facilitating a healthy death experience for the care recipient while also attending to their own emotional and spiritual needs. This session will explore music therapy's integral role in fostering caregiver resiliency, and promoting a healthy and meaningful transition into bereavement.

*Applying the "Universal Language" in Therapy Cross Culturally*

Lynnae Novak, MT-BC

Hear the personal stories of music therapists who crossed cultural barriers and learn applicable approaches to providing music therapy with other cultures. Engage in a small group experience to define culture groups and brain storm how to apply music therapy. Wrap it all up with a traditional Jamaican music experience!

*Music and Dementia: Getting a Positive Response*

Rebecca Frize, MT-BC

In this session, you will learn why music works with people who have dementia to help maintain cognitive, physical, emotional, social skills and spiritual well-being. You will learn what is appropriate music to use, games to enhance the experience and some techniques that I find the most successful. You will leave this session with tools and ideas to help you enhance the quality of life of those living with dementia.

*Mentor Roundtable*

Theresa Merrill, PhD, MT-BC