



2018 Great Lakes Regional Music Therapy Conference

Embracing Every Note: Celebrating Diversity in Music Therapy

Concurrent Sessions

Friday, April 13, 2018

8:00 am - 9:15 am

Conference Room A

Wind Instruments for the Winded

Presenter(s): Mia Iliopoulos, MT-BC

As a music therapy pilot program was started in pulmonary rehabilitation, an innovative protocol was also in the works: playing harmonica for patients with chronic lung diseases for improved breath control and socialization and with Parkinson's disease for improved voice volume and articulation. Bring your harmonica!

Conference Room B

Tips, Tricks and Tribulations: Supervising Students as a Young Professional

Presenter(s): Meredith Schlabig, MT-BC, NICU Music Therapist; Lindsey Steinbrunner, MT-BC

As young professionals, we may feel we are still navigating our way as clinicians, yet often we find ourselves supervising and mentoring students. This presentation will navigate challenges and successes of supervision, as well as offer tips and tricks for working with students while discovering your own clinical self.

Conference Room C

Why'd I Stop Playing? Reconnecting with Your Primary Instrument

Presenter(s): Ginger Drake, MT-BC; Nathan Mensah, MT-BC

In this presentation we will explore how to use non-traditional music therapy instruments within a clinical setting. Attention will be given to the use of string, woodwind, and brass instruments through various client-centered musical interventions such as listening, recreating, composing, and improvising.

Conference Room D

Creating Therapeutic Harmony to Fuel Creativity and Fight Burnout

Presenter(s): Holly Semrow, MT-BC; Sara Sharp, ATR

Experience self-care through music therapy and art therapy. We will share our experiences as a Creative Arts Therapy team working in long term care including suggestions for best practices to support each other and avoid burnout as well as plans from collaborative sessions. Presentation will culminate with an active music/art therapy session.

Conference Room E

Dual Eligible English Learners: Our Role as Therapists and Advocates

Presenter(s): Amy Furman, MM, MT-BC; Edward T. Schwartzberg, MEd, MT-BC

Dual Eligible Students are English Learners receiving Special Education Services in Federal Settings III and IV. Presenters will identify and discuss cultural characteristics specifically focusing on Latino, Hmong, and Somali populations and requirements to serve dual eligible students. Recommendations provided for clinical work, family support and advocacy and community marketing.

Conference Room F

Adapting to Diversity and Adversity in Group Program Implementation: MUSE Award Presentations

Presenter(s): Stephanie Harris, MA, MT-BC; Vanessa Quirarte, MT-BC; Katie Misiak, MT-BC

With a growing demand for MT services, a group program was developed and implemented with materials supplemented by the GLR MUSE award. Presentation will discuss agency overview, MUSE proposal/rationale, process of developing groups and selecting instruments/materials. Also, what clinical implications and interventions were used with adaptations made.

Wilbanks Ballroom, Salon 1

Independent Contractor vs. Employee: Are You Classifying or Classified Correctly?

Presenter(s): Jennifer Whitlow, MT-BC

The IRS gives specific regulations about requirements when classifying workers. Although, we are not HR professionals or lawyers, we are going to discuss key signs to making sure that music therapists are classified correctly and that businesses are classifying YOU correctly.

Wilbanks Ballroom, Salons 2 & 3

Creating a Music Therapy Grief Group to Cope with the Holiday Season

Presenter(s): Ana Madden, MT-BC; Bryn McCabe-Weiland, MT-BC

From Thanksgiving to the new year, added stress and family gatherings are a constant reminder of loved ones who have died. Learn ways to plan a bereavement group sensitive to all backgrounds which encourages individuals to grieve at their own pace, create new traditions and focus on self care.

Wilbanks Ballroom, Salon 4

Mama Baby Music: Infant-Directed Singing for Attachment and Postpartum Mental Health

Presenter(s): Beth Rousseau, MA, MT-BC

This presentation will role-play the attendees as "mothers" participating in a mother-infant music group. They will receive explanations of the music and movement interventions and research-based rationale for therapeutic choices. Participants will brainstorm their own ideas for similar interventions, which they will lead with the group.

Wilbanks Ballroom, Salon 5

Mentoring 102 - Roundtable Discussion for Mentors

Presenter(s): Theresa Merrill, PhD, MT-BC; Angela M. Snell, MEd, MT-BC; Jeffrey Wolfe, MM, MT-BC

Prerequisite: GLR Mentor

A roundtable discussion for GLR Mentors on emergent issues related to their experience as a GLR Mentor. GLR Mentors share and discuss their experiences along with the issues that arise from within the mentoring dyad through the use of 'powerful questions'. Participants will respond to specifically targeted discussion questions, share experiences, and refresh on key concepts, as well as review the process and procedures of the program. Mentors who do not yet work with a Mentee are encouraged to attend.

Wilbanks Ballroom, Salon 6

Multicultural Competency: What Do We Understand It To Mean? A Pilot Study

Presenter(s): Debra Jelinek Gombert, MA, MT-BC

Presenter will share results of a pilot study in which she interviewed three recent graduates and three educators in an attempt to understand how some educators address multicultural competencies. Will discuss and compare foundational information about multicultural competencies in music therapy and other expressive therapies. Future implications will be discussed.

9:30 am - 10:45 am

Conference Room A

Fostering Growth with Communities, Contracts, and Colleagues

Presenter(s): Jessica Fletcher, MM, MT-BC; Erin Spring, MM, MT-BC

Central Ohio Music Therapy, founded in 2010, has experienced significant growth and expansion in Central and Southeast Ohio. Presenters will review the company's development and practices in three relationships: with communities, contracts, and colleagues. Strategies for increasing growth, advocacy and collaboration will be highlighted and discussed for participant application.

Conference Room B

Three Ways to Strengthen Your Collaboration and/or Co-Treatment Relationships with Pediatric Speech-Language Pathologists

Presenter(s): Lori Lundeen-Smith, MS, CCC-SLP, MT-BC

Collaboration and co-treatment between music therapists (MTs) and speech-language pathologists (SLPs) has a proven track record of providing great benefit to our patients and clients. Still, as music therapists, we do face scrutiny and, at times, strained relationships with our colleagues in speech-language pathology due to confusion regarding scope-of-practice and difficulties in communicating effectively. The presenter, an MT-BC and a licensed CCC-SLP with years of collaboration experience, will present three practical suggestions for building strong and positive relationships between MTs and Pediatric SLPs.

Conference Room C

When Music is Shared; Exploring the Performer-Audience Relationship in Music Therapy Performance

Presenter(s): Erinn Epp, MA, MT-BC

How do the benefits of performance in music therapy "ripple out" into the wider community? How might a performance be construed as therapeutic for both performers and audience? This presentation will

summarize the findings of an exploratory ethnographic study of a performance choir for adults with disabilities and their audiences.

Conference Room D

Music Therapy Applications and Techniques for Self-Regulations and Relaxation

Presenter(s): Anne M. Reed, MT-BC; Alison Brady, MT-BC; Ronna Kaplan, MA, MT-BC

Presenters will share how to use music therapy techniques for self-regulation and relaxation with individuals and groups of varying ages and needs. Music therapy techniques have been used to help bring order and security to children, teens and adults with disabilities and those who are distressed. This presentation will provide information regarding the assessment of need and equipment, discuss where and when music can be used for self-regulation and relaxation, review and demonstrate specific techniques for self-regulation and relaxation, provide examples of how techniques can be adapted, and provide an overview of equipment and music resources available. The presentation will include participant discussion, music examples, active music-making, experiences for clinical application, and specific MT techniques.

Conference Room E

Supporting Women Enrolled in Perinatal Hospice: Development of Music Therapy Goals and Practice

Presenter(s): Alexa Dorris Economos, MMT, MT-BC

Perinatal hospice aims to fill the void of resources available for women experiencing perinatal loss. Come learn and discuss the developing role of music therapy. Historical context and case examples will be provided, and then participants will be invited to consider future directions for practice.

Conference Room F

CBMT Recertification 101: Make Your Credits Work for You

Presenter(s): Carol Olszewski, MA, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

Wilbanks Ballroom, Salon 1

The Journey: What Do I Want to be When I Grow Up?

Presenter(s): Jan Schreibman, MM, MT-BC; Eva Rudisile, MT-BC

Participants will explore components of competence in professional and personal development. Learners will review concepts key concepts (emotional intelligence, trustworthiness, leadership styles, self-confidence, self-awareness of skills and limitations, coping mechanisms to deal with stress, conflict management, and flexibility) and investigate how the “puzzle” pieces interact both professionally and personally.

1:45 pm – 3:00 pm

Conference Room A

From Misrepresentation to Outstanding Opportunity: Growth Mindset and the Advocacy Champion

Presenter(s): Jessica De Villers, MA, MT-BC

Misrepresentation, what is it and what can you do about it while promoting our field? Join the members of the Professional Advocacy Committee of the American Music Therapy Association to discuss, how to advocate for our field and promote creation of amazing opportunities, growth, and collaboration.

Conference Room B

Transformational Music Therapy Education: Cultural Intersections, Diversity and Inclusion, Multiple Perspectives

Presenter(s): Theresa Merrill, PhD, MT-BC with Students from Eastern Michigan University

Oppression, discrimination and division permeate our lives more than at perhaps no other time in lived memory. How do we, as music therapy professionals and educators, navigate these waters? What is our responsibility? This presentation reflects the work of one Educator and Students to address these questions through a special topics course on Multicultural Perspectives in Music Therapy.

Conference Room C

Diversifying Your Guitar Technique: Adding Interest to Your Playing

Presenter(s): Peter Meyer, MA, MT-BC; Destiny Boyum, MT-BC

Are you tired of playing the say old strum pattern? This session will teach you how to break out of old accompaniment habits and learn exciting new techniques to add interest to your playing.

Conference Room D

Innovation Through Integration: Improving the Social Skills of an Individual with William's Syndrome through Creative Arts Therapy and Stop Animation

Presenter(s): Jeffrey Wolfe, MM, MT-BC; Bradley Drozdowski, MT-BC

Therapists at Institute for Therapy through the Arts (ITA) present an integrated approach to creative arts therapies through music, art, and drama with an individual with William's Syndrome. Mnemonic memory music techniques, social stories and improvised story structure techniques, and music composition are incorporated to create stop-animation film to improve social skills.

Conference Room E

Ethics and Ethnicity: Song and Activity Selection in Music Therapy Sessions

Presenter(s): Lee Anna Rasar, MMed, MT-BC

Appropriations from Native American, Middle Eastern, and Far Eastern cultures will be explored along with examples from movies and popular music videos. Restrictions on uses of musical activities within some cultures and descriptions of music therapy techniques which may be offensive to people from specific cultures will be shared.

Conference Room F

Behind Locked Doors: Trauma Exposure and MT Practices in Correctional and Forensic Psychiatry

Presenter(s): Deanna Bush, MM, MT-BC

This presentation will include descriptive information of the role trauma exposure has on the possible development of symptoms of Vicarious Traumatization in the lives of Board Certified Music Therapists employed in correctional and forensic settings. Additionally, differences and similarities between practicing in forensic settings and correctional settings will be discussed.

Wilbanks Ballroom, Salons 2 & 3

Listening Programs: A Panel Discussion

Presenter(s): Jessica Josefczyk, MT-BC; James Hiller, PhD, MT-BC; Annie Heiderscheit, PhD, MT-BC

Over the last half decade, Music & Memory and other listening programs have taken root within healthcare systems across the nation, often tasking music therapists with responsible implementation

without a blueprint for ethical and effective provision. This trend has permeated the music therapy community, necessitating critical dialogue concerning its implications.

Wilbanks Ballroom, Salon 4

Tune Up Your Messaging

Presenter(s): Julie A Palmieri, MM, MT-BC

You have a unique voice in the world of healthcare. In this session, you will learn how to ensure your messaging and your branding are in tune with your prospective clients.

Wilbanks Ballroom, Salon 6

Presumption of Competence: A Mindful Strategy to Maximize Clients' Music Therapy Experience

Presenter(s): Tsz Hei Fatima Chan, MME, MT-BC

Physical appearance, behaviors, and diagnoses are potential obstacles for professionals to oversee the hidden abilities of some individuals. Practicing presumption of competence can provide the most dignified and the least dangerous environment to individuals with intellectual disability. This approach will enhance therapeutic outcomes and help these individuals to gain independence.

4:00 pm – 5:15 pm

Conference Room A

Phenomenological Investigation of Music Therapists' Experience When Working with Actively Dying Hospice Patients: An Analysis of Words, Mandalas, and Music

Presenter(s): Erin Fox, MMT, MA, MT-BC

This phenomenological study explored the lived experiences of music therapists when working with actively dying hospice patients. The participants spoke of their experiences, drew mandalas, and improvised music. Through the lens of Interpretive Phenomenological Analysis themes emerged that illustrated their experiences. The inclusion of arts-based data collection served to enrich the results.

Conference Room B

Women's Chants: Composition and Clinical Application

Presenter(s): Susan Gardstrom, PhD, MT-BC

The focus of this presentation is on the creation and use of chants with women in clinical settings. Attendees will learn and critique chants and then individually or collaboratively create their own chants around a particular therapeutic theme.

Conference Room C

Decoding and Encoding Emotion in Music: Applying the Research to Clinical Practice

Presenter(s): Jennifer D. Jones, PhD, MT-BC

This presentation is based upon Juslin and Lindstrom's chapter *Emotion in Music Performance* in the Oxford Handbook of Music Psychology. We will explore their summary of research on how musical elements, such as tempo, mode, and melodic contour, cue specific emotional labels. We will make music together using these principals.

Conference Room D

Perks and Jerks: Navigating Collaborative Work. A Success Story.

Presenter(s): Carol A. Olszewski, MA, MT-BC; Kelle K. DeBoth, PhD, OTR/L

The intentional, collaborative development of a successful interprofessional keyboard method will be presented. The collaborating MT and OT will describe “how-tos” and “oh-nos” of interprofessional frameworks, how to find the right collaborators, and the pros and cons of collaboration. The resulting keyboard method will be demonstrated.

Conference Room E

Experience the Diversity of Creative Arts Therapies: Music, Dance/Movement and Art Therapy

Presenter(s): Jody Conradi Stark, PhD, MT-BC; Cindy Babcock, MEd, DTR; Lisa Barnett, MT-BC; Karen M.L. Barsy, MA, R-DMT; Ashley DeLaFranier, MT-BC; Blythe Filar, MS, MT-BC, CCLS; Laurie Harman, RMT; Lynn Newman, MEd, AT; Wendy Sprague, MT-BC; Margaret McGuinness, MA, ATR; Shannon Barnes, MTS

Established in 1991, Creative Arts Therapies, Inc. provides music, dance/movement, and art therapy services to community agencies and private clients throughout the metropolitan Detroit area and Southeast Michigan.. This presentation will incorporate examples of creative arts therapies, and provide the opportunity to participate in music, dance/movement, and art therapy experiences.

Conference Room F

Authorship Trends in Music Therapy Research: Collaborative Implications for Clinicians

Presenter(s): Deborah Layman, MM, MT-BC; Tracey Elliott

Authorship trends in published therapy research often give insight into important clinical knowledge and research developments. This presentation will explore authorship trends (sole vs. collaborative) in published music therapy research over the last 30 years and implications for collaborative clinical work, research, and publication in modern music therapy.

Wilbanks Ballroom, Salons 2 & 3

Identity Politics: The Music Therapy Space of a Queer Practitioner

Presenter(s): Anthony Beuchel, MT-BC

The intersection of clinical work with identity of the author as a member of the LGBTQ+ spectrum is the central focus of this presentation. The identity of practitioner working within a heteronormative society will be examined and connected to queer and feminist theory to situate participants and expand their self-awareness.

Wilbanks Ballroom, Salon 4

Uncovering the Mysteries of Medical Music Therapy and Exploring Related Challenges

Presenter(s): Debbie Bates, MMT, MT-BC; Christine Bomberger, MT-BC; Emily Guthe, MA, MT-BC; Laura McFee, MT-BC; Stephanie Morris, MT-BC; Wiley Smith, MT-BC

What accessible techniques are successful in advocating music therapy to health care professionals? What ethical issues are commonly encountered in medical settings? How do we effectively work with patients whose cultures are different from our own? The presenters will share challenges encountered in a large academic medical center and increase participants' resources to work through similar difficulties.

Wilbanks Ballroom, Salon 6

The Process, Pitfalls, and Perks of Creating a Joint Internship Site

Presenter(s): Jennifer Hicks, MT-BC, E-RYT; Lindsay Markworth, MMT, MT-BC; Anna Brudzinski, MT-BC; Taylor Baloga, MT Intern

As our profession continues to grow, we will need more national roster internship sites to train our future

music therapists. This session will explore how music therapy business owners with diverse practices can collaborate to create joint internship sites that benefit the professionals, interns, and clients.

Saturday, April 14, 2018

8:00 am - 9:15 am

Conference Room A

Understanding Millennial Music Therapy Interns: Bridging the Generational Gap

Presenter(s): Rebecca West, MM, MT-BC

This presentation will provide practical tips and suggestions for internship directors and supervisors on how to understand and help their music therapy interns from the millennial generation succeed. Research related to characteristics, work ethics, and values will also be presented.

Conference Room B

Strategic Planning: A Treatment Plan for Your Business

Presenter(s): Lindsey Wright, MT-BC; Jennifer Whitlow, MT-BC

A good strategic plan will help you look to the future and stay focused on improving weak areas and maintaining high-quality practices within your business/ organization/ department. We will focus on the creation of this crucial document through the familiar process of treatment plan development.

Conference Room C

Arts Based Research as a Cultivator of Mindfulness in Research and Practice

Presenter(s): Debra Jelinek Gombert, MA, MT-BC; Natasha Thomas, MA, MT-BC

In this experiential session, participants will view two Arts Based Research (ABR) studies, and learn why ABR is a critical tool for increasing mindfulness and reflexivity in: research, anti-oppressive practice, and self-care. Participants will experience ABR to explore a research, practice, or self-care question of their own.

Conference Room D

Dissonance in Your Sessions

Presenter(s): Angela M. Snell, MSED, MT-BC ; Meagan Grammatico, BM

Is someone creating "dissonance" in your sessions? Non-music therapists can over-simplify, misunderstand, and minimize the significance of prescriptive therapy techniques. Learn quick tips that can immediately improve the harmony of your sessions and restore focus on the clients.

Conference Room E

Beyond Behaviorism: Working Improvisationally and Relationally with Children with Neurodevelopmental Disabilities

Presenter(s): Anthony Beuchel, MT-BC

This presentation will examine music therapy practice with children with neurodevelopmental disabilities as it is often practiced in the Midwest. A relational, developmental framework will be offered as an

alternative and case examples will be used to help participants gain an understanding of an improvisational method of work.

Conference Room F

Pediatric Music Therapy Panel Discussion

Presenter(s): *Blythe E. Filar, MS, MT-BC, CCLS, Neurologic Music Therapist; Holly Platis, MT-BC; Suzanna Peczeniuk-Hoffman, MM, MT-BC, NICU Music Therapist; Meredith Schlabig, MT-BC, NICU Music Therapist; Susan Smiddy, MT-BC, Neurologic Music Therapist, NICU Music Therapist; Bridget Sova, MT-BC, NICU Music Therapist*

Pediatric Michigan music therapists will be present to share and discuss the role of a music therapist within their individual hospital. Information will include workflow, patient population, advocacy, program development and case examples. Attendees will have the opportunity to ask questions to fulfill their curiosities, preconceptions, and concerns as upcoming music therapists interested in working in the pediatric setting.

9:30 am - 10:15 am

Conference Room A

An Introduction to the Bonny Method of Guided Imagery and Music (GIM)

Presenter(s): *Louise Dimiceli-Mitran, MA, MT-BC, LCPC, FAMI*

The Bonny Method of GIM involves listening to selected classical music in a relaxed state to elicit mental imagery from the deeper consciousness. The therapeutic functions of music, imagery and processing will be discussed. Participants will experience a group music & imagery session. Definitions, clinical uses, contraindications and resources will be included.

Conference Room B

Speech and Music: Basic Speech Facilitation for Individuals with Autism Spectrum Disorder

Presenter(s): *Jaley A. Montgomery, MM, MT-BC; Kathryn J. Varga, MS, CCC-SLP, MT-BC*

Learn basic fundamental components of speech and speech and language development, and how these principles may apply differently in individuals with Autism Spectrum Disorder. Discover targeted skills and strategies that may be used in music therapy, and how to collaborate with professionals in other disciplines for optimal success for clients.

Conference Room C

Starting with Why: The Music Therapy Pyramid Model from Theory to Practice

Presenter(s): *Ronna Kaplan, MA, MT-BC*

Beginning with rationales for a range of music therapy programming, this presentation offers a model and unifying vocabulary to describe these services. Considering diverse levels of support, the presenter will discuss stages/standards within the music therapy process, demonstrating the relevance and versatility of the framework across several sectors and environments.

Conference Room D

Deserve It: A Music Therapy Pilot Program in Male Juvenile Corrections

Presenter(s): *Elyse Suhay, MT-BC; Jessica Fletcher, MM, MT-BC*

Many music therapists may be curious about how music therapy is structured in the juvenile prison

system due to unfamiliar behaviors, music preferences, and appropriate goals within this setting. Learn here about the successes and challenges of a music therapy pilot program with adolescent males in a juvenile prison setting.

Conference Room E

Documentation in Hospice: The Story of Decline

Presenter(s): Pamela Buchkowski, MT-BC, CDP

Most music therapists have been taught in their training to document goals that demonstrate a step-wise progression of improvement. In hospice and palliative care, music therapists must learn to meet the clinical goals of the client and at the same time paint the picture of hospice decline.

Conference Room F

MSU Community Music Schools: Providing a Diversity of Music Therapy Outreach and Engagement

Presenter(s): Jody Conradi Stark, PhD, MT-BC; Cindy Lu Edgerton, MM, MT-BC

Michigan State University Community Music Schools provide music education and therapy for individuals of all ages and abilities. This presentation will incorporate visual and video examples of diverse community based music therapy programming in Southeast and Mid-Michigan, including information on funding sources for collaborative projects with community partners.

2:30 pm - 3:45 pm

Conference Room A

Michigan Task Force Meet & Greet

Presenter(s): Members of the MI Music Therapy Task Force

Michigan music therapists and students are invited to join the Michigan Task Force and a number of Michigan legislators for a Meet & Greet event.

Conference Room B

Engaging Employees to Prevent Burnout and Increase Effectiveness

Presenter(s): Jennifer Whitlow, MT-BC; Lindsey Wright, MT-BC

Whether you have 5 or 500 team members, employee engagement is key to business success. Communication, growth, recognition, and trust are components of a positive employee relationship. Music therapists work in a variety of setting, as an employee, manager, or administrator this applies to you.

Conference Room C

Creativity: Clients with Addiction and Co-Occurring Disorders

Presenter(s): Victoria P. Vega, PhD, MT-BC

Music Therapy has been shown to be beneficial for psychiatric populations. It is only natural to consider that music therapy would benefit addicted clients who often have a co-occurring mental health disorder. This presentation will review the music therapy literature regarding research in this specific area. This presentation will provide some of the recommended music therapy experiences that have been utilized by music therapists working with this clinical population.

Conference Room D

Applying Intercultural Sensitivity Models to Professional Development and Clinical Practice

Presenter(s): Edward T. Schwartzberg, MEd, MT-BC; Rebecca West, MM, MT-BC

As music therapists, we often work with diverse clients. This presentation will focus on the application of two intercultural competence models and rubrics designed to encourage self-reflection and identify areas for growth. Attendees will be able to integrate the model and rubric into their clinical practice.

Conference Room E

Ethical Considerations in a Prickly World

Presenter(s): Jan Schreibman, MM, MT-BC, CCLS

Participants will review the AMTA code of ethics. Small groups will discuss pre-planned scenarios related to a current topic in the media, i.e. DACA and how it relates to music therapy practice. Participants will identify areas of the code that apply to each scenario and apply Dileo's "ethical decision-making model".

Conference Room F

AMTA Music Listening Workgroup: Resources to Mindfully Empower the Non-Music Therapist and Music Therapist Alike

Presenter(s): Erin Spring, MM, MT-BC; Dale Taylor, PhD, MT-BC

Introduction to the AMTA Music Listening Guidelines, Music Plan of Care, Music & Memory and other music listening programming, collaboration with healthcare professionals, progress toward including Advance Music Planning in Advance Care Directives and discussion on advocacy for patient access to music for healthcare professionals and the public.

4:00 pm - 5:15 pm

Conference Room A

Improving Treatment for Chronic Pain

Presenter(s): Allison O'Mara, Psy.D., MM

This presentation will provide an overview of psychological factors in pain perception and mechanisms of neural pain processing. We will discuss ways in which music therapists can enhance their patients coping and adjustment, and provide science-based rationale for the effectiveness of their interventions to enrich advocacy efforts.

Conference Room B

Addressing Challenging Topics in Addiction Treatment: Research Findings and Lessons Learned

Presenter(s): Michael J. Silverman, PhD, MT-BC

Throughout recovery-oriented substance use disorder treatment, patients often discuss sensitive and challenging issues. In this session, the presenter will describe results and implications of two music therapy studies targeting stigma, shame, and guilt. The medical and social models of addiction will provide a framework to structure positive clinical interactions.

Conference Room C

Latin Rhythms Unlock the Door: Motivation, Techniques, Clinical Adaptations, and Diversity

Presenter(s): Lee Anna Rasar, MMEd, MT-BC

Latin rhythms will be explored as a therapeutic tool to build motivation and infuse diversity in clinical

sessions. A variety of teaching techniques and clinical adaptations will be integrated with music therapy clinical techniques and goals for a variety of populations. Participants will learn how to layer the beats.

Conference Room D

Treating Outside the Box: Integrating Sound Therapy Approaches into Music Therapy Practices

Presenter(s): Deanna Bush, MM, MT-BC

This presentation provides a basic overview of sound therapy techniques that can be integrated into music therapy practices. Use of Tibetan singing bowls and tuning forks can enhance one's ability to experience deep relaxation through slowing the brain waves, breath, and heartrate. Participants will experience an improvisational/sound therapy relaxation experiential.

Conference Room E

Designing Documentation to Capture Meaningful Music Therapy Data

Presenter(s): Annie Heiderscheit, PhD, MT-BC, LMFT

Clinical documentation is a vital component of music therapy practice. Documentation needs can be specific to a clinical setting and require an MT-BC to design their own form. Creating documentation that captures these essence of the therapeutic work and meaningful data is critical to effectively communicating what occurs in sessions and for capturing clinical evidence.

Conference Room F

The Therapeutic Use of the Violin: Playing Techniques Specifically Simulating Human Voice

Presenter(s): Tsz Hei Fatima Chan, MME, MT-BC

As musical elements are an important core of music therapy, there is a need to understand the music structure and playing techniques of the applied musical instrument within the intervention. This presentation focuses on the role and therapeutic function of violin playing techniques that specifically designed to simulate human voice.

Wilbanks Ballroom, Salons 2 & 3

Educator-Internship Directors Roundtable

Presenter(s): Lalene Kay, MM, MT-BC; Kay Luedtke-Smith, MT-BC

This is the annual meeting of GLR Academic faculty and Internship Directors, and is facilitated by the GLR reps to the APAC and AIAC. Attendees bring concerns, suggestions and (hopefully) successes with the student/intern transition, communication between schools and internship sites. Agenda is determined by those who attend.

Wilbanks Ballroom, Salons 4 & 6

AMTA Strategic Priority on MT & ASD: A Roundtable Discussion

Presenter(s): Edward T. Schwartzberg, MEd, MT-BC; Ronna Kaplan, MA, MT-BC

Music therapists will join with individuals with Autism Spectrum Disorder and their family members to share their perspectives and experiences of both working with those with and living with ASD. Participants will engage in conversation about possibilities for and barriers to collaboration with clients and advocates in their work. This discussion stems from the work of the AMTA Strategic Priority on MT & ASD.