



Voice of the Lakes

Letter from the President

Lisa Gallagher

Dear Colleagues,

Fall is now upon us, students are back to school, we are all settling into new schedules, and the AMTA conference will soon be upon us. For those of us in the GLR this year's conference could provide us an escape to the sun and sand from our typically cold November weather. I hope that many of you will be able to go as many exciting things have been planned. There will also be a lot of informative conference sessions and CMTEs, many of which will be presented by our own members.

I recently had surgery to implant a spinal cord stimulator, which will help to alleviate the chronic neuropathic pain that I have been suffering from for the last six years. Due to physical restrictions I will not be able to attend the AMTA conference this year, but the GLR will be in the capable hands of President-Elect Larisa McHugh. Please support her through your attendance at the GLR general business meeting. She and I will discuss the items of business in advance, and I know that she will do a fabulous job running that meeting, as well as the Executive Committee meeting.

As many of you know I made the difficult decision to resign from my position as AMTA Vice President-Elect. This was due to my desire to take care of the health concerns that I mentioned above, as well as the desire to focus on my family. It has been a difficult time for me, and while recovering from surgery, getting my medications stabilized, and regaining my energy I knew that I would not be able to be the Vice President of AMTA that I wanted to be. While this was difficult for me, I knew that it was the right thing to do, and I appreciate all of the support that I have received from many of you. I would also like to thank Tracy Richardson for all of the help and support that she has continued to provide to me and our Region.

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Ellen Rayfield Tracy Richardson

Cindy Ropp Todd Schwartzberg

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Jody Conradi Stark Mary Stryck

Brian Wilson

President's Report, *continued from page 1*

Lisa Gallagher

The GLR Executive Committee is continuing to work on the Strategic Planning process, and updates and accomplishments will be shared in the spring at the GLR conference. Many thanks to those of you who have served on the Assembly of Delegates for the past two years; and congratulations to those of you who were chosen to serve in this capacity for the next two years. On behalf of the GLR of AMTA, I appreciate all of those who are willing to give of their time, knowledge, and ideas to our region and to the profession of music therapy. In addition, I would like to thank Julie Palmieri, our new Web Mistress who will soon be revealing the new GLR website. This will definitely be exciting, and I know that we will all be happy with the new changes.

If any of you have any questions, suggestions, or concerns please feel free to contact me. It is our GLR, and as such every member is invited to participate.

My email is shamrocks@stratos.net, and my phone number is 216-570-6300.

Respectfully submitted,

Lisa Gallagher
President, GLR of AMTA

President-Elect's Report

Larisa McHugh

As the Call for Papers for the 2014 GLR Conference approaches please consider nominating a GLR member for an award. Each year the GLR presents the following awards; Honorary Life for long time dedication to the field of music therapy, Scholarly Activity for significant contributions to the knowledge base of the profession, and Service for outstanding service to the region. Anyone can submit a nomination! Take a moment to consider and recognize a deserving colleague, mentor, or teacher. The deadline for submission of nominations is Feb. 1, 2014.

Nominations can be sent via email to: larisamchugh@sbcglobal.net

Honorary Life Member Award:

Awarded to any individual who resides within the Great Lakes Region and who has made varied and distinguished contributions to the field of music therapy.

Service Award:

Awarded to a Music Therapist who is a member of the Great Lakes Region, and who has demonstrated a pattern of outstanding service and dedication to the Region through contributions as a clinician, clinical trainer, educator, Executive Committee member, government or public relations proponent, etc.

Scholarly Activity Award:

Awarded to a member of the Great Lakes Region who has contributed to the knowledge base of the field of music therapy through a pattern of scholarly presentation, research activity, publications innovative techniques, etc.

I would also like to encourage members to consider applying for the Special Projects funds that are available in the GLR. Special Projects is a mechanism established by the Great Lakes Region in order to support members' clinical projects, research projects, or committee-related projects. Funding is available in two categories, with each fund having its own specific purpose, protocol, and eligibility requirements.

The two categories are the:

- 1) MUSE Fund - **M**usical Instruments and supporting materials, clinical **S**ervices, **E**ducation
- 2) Research Fund.

Details and applications can be found on the website. Questions should be directed to the President Elect.

Respectfully submitted

Larisa McHugh, MA, MT-BC

Past-President's Report

Tracy Richardson

Hello!

The duties of the Immediate Past President include serving as the Parliamentarian for Executive Committee meetings, and chairing the Nominating Committee for elections. I would like to thank Angie Snell for facilitating the move to an electronic ballot for the recent Assembly Delegate election. Angie was instrumental in setting up the ballot through Survey Monkey. Thank you, Angie! And thanks to all of you for helping us to transition to a more cost-effective and “green” manner of operating by casting your votes online. We also provided a by-mail ballot for those who did not have access to electronic voting. Thanks to everyone who voted in the election.

I also want to thank everyone who agreed to be a nominee for the Assembly. It is great to know that so many in our region are willing to serve! Results of the recent election are posted below. These delegates will begin their duties on Sunday, November 24, 2013 in Jacksonville, FL.

2014-2015 GLR-AMTA Assembly-Elect Delegates

(Listed alphabetically):

Debbie Bates
Sharon Boyle
Rebecca Findley
Ed Gallagher
Susan Gardstrom
Jennifer Jones
*Larisa McHugh
(serving for Lisa Gallagher)

Peter Meyer
Melaine Pohlman
Lee Anna Rasar
Tracy Richardson
Todd Schwartzberg
Michael Silverman
Angela Snell
Mary Stryck

*Typically the GLR President has an automatic seat on the Assembly. However, when nominations were held, Lisa Gallagher was serving as AMTA Vice President-Elect, making her ineligible to sit on Assembly. Therefore, Larisa McHugh, as GLR President-Elect was appointed to sit on Assembly in Lisa's place (per our bylaws). I hope to see all of you in Jacksonville in a few weeks!

Sincerely,
Tracy Richardson, Ph.D., MT-BC
Immediate Past President, GLR of AMTA

Research Committee Report

Deb Burns

The goals of the AMTA Research Committee are to encourage and promote research of all types of research methodology in music therapy and to take complete responsibility for the research sessions at national conference.

AMTA National Conference Research Presentations and Poster Session

The Research Committee will be sponsoring five presentations at National conference this November focusing on research methodologies and processes:

Music Therapists and Research: A Discussion of Utilization and Perceived Barriers

Eric G. Waldon, Ph.D., MT-BC; Elizabeth H. Collier, MT-BC; Kim Robertson, MBA, MT-BC; and Catherine C. Schroth, M.M., MT-BC

Developing a Conceptual Framework to Guide Theory-based Research

Deanna Hanson-Abromeit, PhD, MT-BC

Mixed-Methods Designs to Enhance Psychiatric Music Therapy Clinical Practice

Michael J. Silverman, PhD, MT-BC

Combining Elements: Mixed Methods Research in Hospice Care

Meganne K. Masko, MA, MT-BC/L

JMT & MTP: Managing the Review Process

Sheri L. Robb, PhD, MT-BC & Anthony Meadows, PhD, MT-BC

Research Posters/Oral Paper Presentation

For the first time we are sponsoring Oral Paper presentations for outstanding submissions. Presenters were able to choose whether or not they wished to be considered for oral presentation. The presentations will be about 15 minutes with 5 minutes for questions. We are also continuing the tradition of poster presentations, but this year we will group them by subject matter.

Clinician-Based Research Award

The committee and AMTA will release the call for proposals for the Clinician Research award. Details about submission requirements will be on the AMTA website. The award will be a maximum of \$5,000 and proposals will be due December 6, 2013.

Deb Burns

Chair, AMTA Research Committee

GLR Research Committee Representative

AMTA Internship Approval Committee (AIAC)

Kay Luedtke-Smith

NEWLY APPROVED INTERNSHIP SITE

- ◆ Allina Hospice, MN
Congratulいたions to Anna Roberts, Internship Director
- ◆ Nationwide Children's Hospital, OH
Congratulいたions to new internship director Jennifer Yurkovich
- ◆ Fraser School, MN
The internship is currently on inactive status

The AIAC is now sending out emails on a regular basis regarding internship information and updates. If you are an internship director and are not receiving these emails please contact:
Mary Jane Landaker at: mjlandaker@hotmail.com

Respectfully submitted,

Kay Luedtke – Smith, MT-BC
AIAC Representative

International Relations Committee

Dale Taylor

The AMTA International Relations Committee announces the following international conferences. You are strongly encouraged to seriously consider attending and/or presenting your work, your unique treatment approach, or your research.

14th World Congress of Music Therapy
July 6-12, 2014
Vienna/Krems, Austria
[14thWCMT.doc](#)

For a complete listing of international conferences both online and on site, please visit the World Federation of Music Therapy Global Events Calendar at http://www.wfmt.info/WFMT/Global_Calendar.html

Members should be aware that the annual poster session has been replaced at the upcoming AMTA conference with the International Relations Global Perspectives Session taking place on Saturday at 12:15pm. It involves both posters and brief presentations by poster presenters. Announcements of the conference and the session have been made by AMTA:

American Music Therapy Association Annual National Conference
November 21-24, 2013
Jacksonville, Florida USA
For more information visit <http://www.musictherapy.org>

The Latin American Music Therapy Network will be organizing a meeting during the AMTA annual conference. They are scheduled to meet on Friday November 22nd from 12:15 to 1:15

The committee anticipates that the International Reception hosted by the AMTA President will occur again during the 2013 conference. We continue to pursue efforts to identify speakers of languages other than English in order that they may be available to assist in welcoming international guests and supporting these guests at the conference.

Respectfully submitted,
Dr. Dale Taylor, GLR IRC Representative

GLR Student Affairs Advisory Board

Jeffrey Wolfe

Congratulations to the newly elected Executive Board of GLR AMTAS:

President, Melissa Schumann of Alverno College (elected as President Elect, 2012);
President Elect, Hannah Gadzinski of Baldwin-Wallace College;
Vice President, Melanie Brison of the University of Evansville;
Secretary, Adrienne Boni of Illinois State University;
Treasurer, Kelly Ryan of Illinois State University;
Parliamentarian, Jen Lind of Alverno College; and
Webmaster, Jason McGlynn of Baldwin-Wallace College.

Thank you for your service!

The "Making Young Musicians Grant" or MY musicians continues to be available for music educators across the great lakes region. Submissions are being collected and \$500 worth of instruments will be distributed to a public school in our region. More information can be found at:

<https://sites.google.com/site/gramtas/pedagogical-musician-s-exchange-program>

GLR AMTAS purchased custom made T-shirts as a long-term fundraising item. They were successfully sold at the regional conference and will be available for purchase while supplies last.

The GLR AMTAS E-Board continues to distribute quarterly newsletters to each of the sixteen schools in the Great Lakes Region. Additionally, monthly correspondence occurs between the E-board and each school's Music Therapy Organization/Club president. It is the hope of the board to create an online new information form for future club/organization presidents on the GLR AMTAS website. This form will provide a quick and easy method for updating club/organization information.

GLR AMTAS hosted Passages 2013 on Thursday, April 4th, from 1-4pm. Passages featured student presentations on research and clinical experience, an internship panel, and a keynote presentation by Deborah Layman, MA, MT-BC. Passages is a "mini-conference" put on 'by the students, for the students. Total attendance was 40 students from across the region.

A big thank you also goes to the GLR AMTA body. With the continued support, the GLR student organization has been able to increase their efforts toward student membership, scholarships, and fundraising.

Respectfully submitted,
Jeffrey Wolfe, MT-BC

2014 GLR Conference ARTS: Arrive, Refuel Take-Off and Soar

Find us on Facebook “[GLR-AMTA 2014 Regional Conference](#)”
Follow us on Twitter [#GLR2014](#)



IMPORTANT DATES

Here are some important dates to know and remember as you begin to make plans to attend the 2014 GLR Conference in Rosemont, IL:

- ◆ October 31, 2013 Call For Papers Due
- ◆ January 15, 2014 Registration for 2014 GLR Conference will open through Constant Contact
- ◆ January 17, 2014 Conference Exhibit Hall and Advertisement Registration Deadline
- ◆ February 26, 2014 Early Bird Registration Deadline
- ◆ March 12, 2014 Conference Room Block Deadline at Crowne Plaza Hotel.

More GLR Regional Conference information can be found on page 11

2014 GLR Conference Exhibitor Information

Reserve your spot in the 2014 GLR Conference Exhibit Hall now! Opportunities for advertisements in the Conference program are also available. Check out the Exhibitor Information Packet on the [GLR Conference Website](#) to learn more!

Pre-Conference Institutes

We truly want the 2014 GLR Conference to be a time full of opportunities to re-fuel you're Music Therapy knowledge and enthusiasm. Therefore, we are pleased to announce several wonderful Pre-Conference Institutes to colleagues looking for in depth continuing education opportunities. More details will be coming soon, but here are some general bits of info:

Meredith Pizzi and **Elizabeth Schwartz** will join us for a *Sprouting Melodies* Pre-Conference Institute that will offer participants 20 CMTE hours. The training will begin on Wednesday, March 26th, continue Thursday March 27th and conclude with a short session the evening of Friday, March 28th. This training will cost \$400.

Bill Matney and **Carolyn Koebel** will join us for a Drumming Pre-Conference Institute that will offer participants 18 CMTE hours. The training will begin on Wednesday, March 26th, continue Thursday March 27th and conclude with a short session the evening of Friday, March 28th. This training will cost \$360.

Ed Roth will join us on Thursday, March 27th for an 8 hour Pre-Conference Institute on Music and the Brain. This training will cost \$160.

Russell Hilliard will join us on Thursday, March 27th for an 8 hour Pre-Conference Institute on Music Therapy and Hospice. This training will cost \$160.

Susan Gardstrom and **Jim Hiller** will join us on Thursday, March 27th for a 6 hour Pre-Conference Institute on Group Improvisation Facilitation Skills. This training will cost \$120.

*Please note that each Pre-Conference Institute has a minimum number of participants required. Registration by the Early Bird Registration Deadline (February 26, 2014) will help to ensure their success. **If the required minimum number of participants is not met by the Early Bird Registration date, the Pre-Conference Institute will not take place.***

HOTEL INFORMATION

Crowne Plaza Hotel
5440 N River Rd
Rosemont, IL

\$119/night for single/double/triple/quad occupancy
\$6.00 per day for hotel parking, based on availability
Complimentary wireless in hotel rooms
FREE 24-hour Shuttle to O'Hare Airport

To make reservations on-line, please use the following link:

[Great Lakes Region of the American Music Therapy](#). Reservations can also

be made by calling **1- 877-337-5793** and mentioning the GLR Conference or Block code - "G54."

Minnesota State Report

Peter Meyer

The Music Therapy Association of Minnesota has had a busy year. We are continuing to pursue state licensure. Rep. Dorholt and Sen. Rosen have agreed to be authors of the licensure bill. Both will be receiving a Friend of MTAM award at the Fall 2013 conference for all their hard work. We have created CMTE scholarships for professional members who attend National, Regional and State conferences. MTAM held their Fall conference on Saturday October 5th, 2013. The workshop is entitled “Improvisation Liberation: Freeing the Voice through Popular Song and Awareness of Vocal Health” and was presented by Sharon Boyle, MM Associate Professor of Music Therapy at St. Mary-of-the-Woods College. The workshop was free to all members of MTAM. Lastly, we have sent out ballots to elect a new board. The results will be read at the MTAM conference.

Respectfully submitted,

Peter Meyer, MA, MT-BC, president

Indiana State Report

Lindsey Wright

Membership

The Association for Indiana Music Therapy currently has 112 members for the 2013 calendar year.

Spring Meeting

The AIMT Spring Meeting was held at the University of Evansville on Saturday, April 20th. There were 2 presentations: *Creativity and Self Care* presented by: Kathy Murphy, PhD, LCAT, LPC, MT-BC (3 CMTE) and *From Chaos to Community: Early Childhood Groups for Young Children with Autism* presented by: Beth Schwartz, LCAT, MT-BC (4 CMTE). 23 professional music therapists and 29 students attended for the date.

Upcoming Meetings

AIMT will hold our fall meeting on Saturday, November 9, 2013 at the Fishers Public Library. This will be free to all AIMT members and will consist of two presentations and a business meeting. Stacy Clevenger, MA will present "Using Art in Music Therapy" and Lindsey Wright, MT-BC will present "Working Ethically under the Medicaid Waiver" for 3 CMTEs.

On Saturday, January 25, 2014, we will host John Carpenete, Ph.D., MT-BC, LCAT on the IPFW campus in Fort Wayne, IN. He will be presenting his new neurodevelopmental assessment tool: *The Individual Music-Centered Assessment Profile for Neurodevelopmental Disorders (IMCAP-ND): A Clinical Manual*. This presentation will also award continuing education credits. More information on this manual can be found at: dmhmusictherapy.com/?page_id=3822

Clinical Training

AIMT awarded the 2013 Student Scholarship to Cathleen Flynn during the Indiana state meeting at GLR. This is intended to aid students who might need financial assistance during their internship. The scholarship is available to any student in an Indiana music therapy program. Indiana currently has five active, approved, national roster internship sites: Bi-County Services, Season's Hospice, Opportunities for Positive Growth, Meaningful Day Services, and State of the Heart Hospice. In addition, our state has four institutions educating future music therapists: Saint Mary of the Woods College, Indiana University Purdue University-Indianapolis, Indiana University Purdue University-Fort Wayne, and University of Evansville.

Elections

The association held elections at the fall meeting in November of 2012. Melissa Brown, MSW, LSW, MT-BC was elected Vice president and Lauren Stoner MT-BC elected treasurer. They have both taken over for their predecessors. AIMT would like to thank Mary Kay Bonner, MM, MS, MT-BC and Stephanie Harris, MA, MT-BC for all their service to our state!

Continued on page 14

Indiana State Report, *continued from page 13*

Lindsey Wright

State Task Force

The Indiana Music Therapy Task Force had a very busy legislative session! We worked successfully with State Representative Suzanne Crouch to introduce HB 1051 on January 7, 2013, which provides increased recognition for music therapy as well as practice and title protection for music therapists living and working in Indiana. The bill received a first reading in the House and was referred to the Committee on Employment, Labor and Pensions on January 23rd. The Committee offered a hearing on the bill and several Indiana Music Therapists and supporters traveled to the Statehouse to testify in favor of this bill. The bill passed out of the committee with unanimous support. We were then faced with a roadblock in a Senate committee that would not give us a hearing. Through networking efforts with the ARC of Indiana and ongoing support by Representative Crouch, we were able to get our language added to a senate bill as an amendment. The amendment received testimony on April 8th and the committee voted 10-1 in favor of our language. Our new bill SB 273 then passed unanimously in the Indiana Senate. Unfortunately, when arriving at Governor Mike Pence's desk, our legislation was vetoed. AIMT would like to thank Casey DePriest MT-BC, Rep. Suzanne Crouch, and our Indiana Task Force for the many hours that they put into this effort! We will continue to advocate for our services and increasing access in the state of Indiana.

Clinical Training

AIMT is currently working to update our website and communications systems. Please email Lindsey Wright at aimtpres@gmail.com if you are interested in technology and would like to help in this process.

Respectfully Submitted,

Lindsey Wright, MT-BC
President
Association for Indiana Music Therapy

Ohio State Report

Tanya Corso

AOMT is eagerly anticipating our State Conference on October 4 & 5, 2013: “Music Therapy: Sharing the Journey”. Our Keynote speaker will be OU alum, Lisa Gallagher and the conference offers 12 concurrent sessions and a CMTE. We hope to see you in Athens soon! In addition to the conference, October is also Music Therapy Month in Ohio.

The Task Force continues to move forward and has been speaking with various state legislators and regulatory boards in an effort to assess what is the best way for Ohio to proceed with advocacy for the state. As always, we will keep all Ohio music therapists updated if and when things progress.

The Delaina Hodgson Internship Scholarship deadline is November 15. Any student who is interning in Ohio or any student from an Ohio school who is interning outside of the state is eligible to apply. Please contact Scholarship Chair Jennifer Walker at scholarship@aomt.org or check out the AOMT website for an application.

Officer elections will be held in January 2014. If you are interested in running for an office, please contact Past President Debbie Bates at pastpresident@aomt.org.

AOMT once again sponsored an award in the Psychology of Music category for the Ohio State Science Fair held in May. David H. Brown from St. Andrews won for his project titled "The effects of classical music on cognitive test scores".

AOMT has continued to make updates to the AOMT Website: www.aomt.org. Our Twitter account is up and running! Follow us @Assn_of_Ohio_MT and “Like” us on Facebook: Association of Ohio Music Therapists. There are regular posts on MT in Ohio and around the country.

Respectfully Submitted,

Tanya Coroso, MT-BC
President, AOMT

Wisconsin State Report

Tiffany Vollrath

I'm proud to announce that the Wisconsin Chapter for Music Therapy celebrated its 40th year this spring. We officially became a chapter and voted on our first constitution and bylaws at the GLR conference in spring of 1973. I'm very proud to be part of this chapter!

Fundraising:

We have just ordered water bottles (high quality/bpa free) with a music therapy logo on them and will be selling them this fall at our fall cmte/business meeting and at GLR in the spring.

Government Relations:

Nancy, Richelle and Laurie have been keeping us up to date and attending meetings regarding music therapy (and other therapies) funding being cut by the CLTS Waiver Program. Our chapter has been granted a time to present our case and more research in a meeting at Madison in October. Laurie Farnan spent much of her time compiling research to fit the TIAC criteria to submit to the review committee.

Continuing Education:

We have an exciting cmte coming up in September entitled "Looking for a New Leader? It's You!" Presenter Barbara Reuer is offering this 15 credit cmte and will be discussing the following topics: 1) An Entrepreneurial Journey: A Music Therapists Story 2) Integrated Healthcare: A Music Therapy & Medicine Protocol 3) Community Outreach: Building Togetherness Through Music. This cmte will take place on Saturday 9/14 & Sunday, 9/15 and will be held at The Wisconsin Conservatory of Music in Milwaukee.

Membership:

As of June, we had 45 professional members, 14 student members and 1 retired professional for a total of 60 members. We still offer a free first year of membership to all new professionals to our state.

Webmaster:

Our new and improved website - www.musictherapywisconsin.org is finished. Our new website includes the following changes:

- ◆ mobile compatible (with phones, etc)
- ◆ integrate on-line forms to database (i.e. membership form)
- ◆ keep Find-A-Therapist section up to date
- ◆ make the WCMT store more user-friendly
- ◆ create an on-line form for those wishing to post a job

Respectfully submitted,

Tiffany Vollrath, MT-BC, CD (DONA)

CBMT Continuing Education Committee

Individualized Self-Study: A Creative Option for Earning Recertification Credits

Christine Wineberg, MA, LPC, MT-BC

CBMT Continuing Education Committee

Did you know that you can earn CMTE credits that specifically meet your unique learning needs and style? Of the 100 credits needed to recertify every five years, as many as 60 credits can be obtained using the Individualized Self-Study method, although no more than 20 credits can be earned in one content area. This means that you can design a course of study that specially fits your area of practice. In addition, you can design a format that best meets your learning style. If you have been unable to attend conferences or continuing education courses, or you live in an area where they are rarely offered, this option may present a valuable recertification alternative for you.

Here's how you can set up a self-study course that is uniquely tailored to your learning needs. Please refer to the 2011 *CBMT Recertification Manual, Fifth Edition*, pages 16-17 and 52 for complete requirements:

Select a content area using the *CBMT Scope of Practice* <http://www.cbmt.org/recertification/>

Identify a mentor who is an established clinician, educator or researcher in this content area and together design your course. This mentor does not need to be a music therapist as long as you can demonstrate how the course you have designed applies to your continuing education as a music therapist. For example, an MT-BC might create a course with a mentor on a specific therapy technique, or take lessons with an expert instructor on a specific instrument. Learning objectives and description of specific strategies and educational materials to be used would be included in the course design (e.g., reading a book and summarizing what you can apply to your practice, completing a literature review on related articles, etc.)

Write a plan identifying the need for this self-study course and the goals, the qualifications of the chosen mentor, and your timeline and evaluation methods for completion of the course. Include learning objectives that are measurable and related to the chosen *CBMT Scope of Practice* area. Identify the methods and materials you plan to use and how you will demonstrate and document that you have learned what you set out to study. Lastly, include an explanation of how you have achieved the amount of credits you have claimed through completing your course as designed. Remember that you can claim up to 60 credits in one cycle using self-study courses, but only up to 20 in each content area.

Once you and your mentor agree on a course design, you can implement your course of study following your established objectives. Both you and your mentor will write one or two paragraphs at the conclusion summarizing the effectiveness of the course and what you have learned. Document the beginning and ending dates of the study, the time spent completing the work, time spent with the mentor reviewing it, and documentation that the work was done as designed. This serves as your certificate of completion, similar to what you would receive at an approved CMTE event.

Continued on pages 18 and 19

CBMT Continuing Education Committee, *continued from page 17*

You and your mentor assume all responsibility for the course design, content, methods and record keeping, so document everything related to the course. This documentation will serve as proof that you have completed a self-study course following the guidelines established in the Recertification Manual should you be selected for an audit. A Final Evaluation form is provided on page 52 of the Recertification Manual. The completed form will ensure that the required documentation is compiled from you and the mentor.

Individualized Self-Study Example

Emma T. Beecey, a board certified music therapist just moved to rural Pennsylvania with her family. Because she has small children, one who is school aged, and a toddler, she has found it very difficult to attend conferences, and continuing education events in her area are often more than an hour's drive away. She also finds it difficult to sit through lecture style presentations and often finds her attention wandering and leaves feeling frustrated that she hasn't retained more of the material. She knows that she learns best using a combination of receptive and active techniques. She works part-time in a day program for adults with Intellectual Disabilities for a county agency that does not provide reimbursement for continuing education; she does not earn paid time off. For Emma, her part time work is convenient in that she can arrange her hours around her children's needs, but she wants to eventually establish her own practice working with children with Intellectual Disabilities in a school system. She set a goal to complete 15 CMTE credits within a calendar year. She identified the most relevant items in the *CBMT Scope of Practice* which relate to her goals and decided that she would focus on business management first.

Section IV, B: Professional Responsibilities:

- 13. Engage in business management tasks (e.g., marketing, payroll, contracts, taxes, insurance).*
- 14. Prepare and maintain a music therapy program budget.*
- 15. Prepare accountability documentation for facility administration and/or local, state and federal agencies.*

Emma contacted a self-employed music therapist whom she had met at a conference 2 years before who had presented on the topic of Business Management, who was located about 2 hours away, and who agreed to mentor her for an hourly rate similar to what she charged music therapists for clinical supervision. They both read the documentation requirements in the *CBMT Recertification Manual* and knew that they would need to document the mentor's suitability to serve as an expert, the communication between them, Emma's need for this specific course of study and her readiness to start as well as the goals for the course of study, the specific learning objectives based on her chosen area of the *CBMT Scope of Practice*, and the final evaluation of learning outcomes.

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To accommodate Emma's need for active learning, she chose to research and collect information specific to her county regarding establishing a business and tax laws. She wrote a business plan which included a proposed budget and plan to develop documentation that would meet county and school district standards. Her mentor suggested that she purchase a book on business management, read it and use the principles to write her business plan and then also review documentation used by other music therapists in her area who worked within the school system. Together they also agreed that reviewing the documentation requirements for the state and county agencies would be helpful and would prepare Emma to create the necessary forms relevant to the guidelines. She would offer them to her mentor for review at the end of the self-study course.

Emma and her mentor agreed that 5 hours would be spent in consultation over the phone, that they would email documentation, and that at least 12 hours would be spent reading, researching and collecting county specific information for a total of 17 hours, which would result in 20 CMTE credits. Emma drafted a plan with input from her mentor who then reviewed and revised it before signing it. They calculated that it would take Emma six months to complete and document all of the work. If the work was accomplished in fewer than 17 hours, the accurate number of credits would be claimed, but no more than 20 credits would be claimed in this content area. The mentor would provide an evaluation of Emma's achievement.

Emma demonstrated her readiness to begin the individualized self-study by identifying a multi-stage plan with a timeline to launch her own business when her youngest child started school in three years. She also identified that she has not previously been able to take any continuing education credits or coursework in business development. She listed her measurable goals as relating to *CBMT Scope of Practice* items:

Acquire knowledge about two tax laws and one concept related to business development and demonstrating proficiency by writing a business plan that reflects compliance with specific county, state and federal laws. (IV.B.13)

Design a budget spanning the first two years of private practice consultation in a school district including instrument purchase and maintenance, travel reimbursement, and the cost of mentorship and supervision. (IV.B.14)

Identify four items which are required by the county to be included in all documentation before any services will be reimbursed and create sample documents demonstrating inclusion of those items such as treatment plans, assessments progress notes, and billing summaries. (IV.B. 15)

Emma felt confident that her individualized self-study course was well designed and that the business plan, budget, and four reimbursement documents she would create would help to successfully launch her consultation practice. She was glad that she could pick a specific topic to study, find a qualified mentor to supervise the study, and produce materials that she could then use in her private practice. The learning style met her need for flexible time and kept her engaged by offering activity such as researching and/or meeting with local officials. She was also pleased that she could use her creativity to design a course that uniquely fit her learning needs. After all, isn't that part of being a music therapist?

RETIRING?

WONDERING WHAT RETIREMENT CAN BE LIKE?

A co-founder of the Wisconsin Chapter for Music Therapy, past President of the Great Lakes Region, Professor Emeritus and former Chair of the Department of Allied Health Professions at the University of Wisconsin-Eau Claire, Dr. Dale Taylor retired from full-time teaching in 2003. During these past ten years, he has accepted teaching assignments at Alverno College in Milwaukee and Augsburg College in Minneapolis, and is the Immediate Past Chair of the Wisconsin Board on Aging and Long Term Care. He also continues as Advisor to both the UWEC Gospel Choir and the Two-to-Tango Social Dance Club, performs the National Anthem at many UW-Eau Claire basketball games, and sings during summer in the Valley Gospel Choir where he often performs as soloist. Recently, Dr. Taylor was appointed to the advisory group for the Wisconsin Music and Memory Initiative through which the Wisconsin Department of Health Services will license 100 nursing homes to use a set protocol to enhance memory skills in residents.

In February of 2013, he accepted an invitation to visit South Carolina's Hilton Head Island to present "The Integral Role of Brain Responses in Music Therapy Applications" at the University of South Carolina Bluffton campus as part of the *Music and the Brain* program sponsored by the Hilton Head chapter of the National Alliance on Mental Illness. While there, he participated on the panel for a Community Resource Roundtable discussion of the value of the arts in promoting community health and wellness. Also in February, he presented "Addressing the Re-instruction of Musical Skills in Cases of Musicians with Brain Injury" to a Community Performance Practicum graduate class at the San Diego State University School of Music and Dance. His presentation described the scientific basis for musically stimulated neuroplasticity and the use of patient-specific music in cases of musicians who suffered serious brain injuries and subsequently experienced greatly enhanced magnitude and rate of recovery of essential life skills.

The month of April began with a visit to the Western Region of AMTA Spring Conference in Tempe, Arizona to present a two-day preconference institute titled "Music Therapy and the Brain: Applying Biomedical Theory in Everyday Practice" on April 3-4. Participants were taught how to utilize patient-specific music to alter the brain's neural impulse patterning to stimulate neuroplasticity and other therapeutic changes in cognitive, physical, social, perceptual, emotional and immune system functioning. Later that month, Dr. Taylor traveled to Ohio for the Cleveland Music Settlement's Centennial Music Therapy Celebration where he presented a five-hour symposium on the topic of "Evidence Related to Music and the Brain: Implications for Music Therapy Practice" with co-presenter Dr. Elizabeth Stegemoller, a music therapist and neuroscientist from Northwestern University and the University of Florida. Taylor's book *Biomedical Foundations of Music as Therapy*, the second edition of which he completed and published in 2010, served as the primary reference for the course. It was attended by more than 100 participants from a variety of health professions and covered clinical applications of the most current research findings regarding brain responses to music. He and Dr. Stegemoller are preparing an invited CMTE session on autism and the brain to be presented at the 2013 AMTA conference in Jacksonville, Florida.

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In response to the many local requests to learn from his expertise, he presented "Boost Your Brain Health With Music" on May 10 at Peace Lutheran Church in Eau Claire during the fourth annual *Friday Facts ... Best Care Chats* series covering topics designed to maximize brain health through lifelong learning. He also represents the Great Lakes Region on the AMTA International Relations Committee and his next appearance involved overseas travel to speak in June at the Royal Hospital for Neuro-disability in London, England during their International Conference on Neuro-disability. His presentation was titled "Musically Stimulated Neuroplasticity: The Science Behind Recovery from Acquired Brain Trauma." While introducing his presentation, the moderator for his speech, Dr. Hanna Mette Ridder, President of the European Music Therapy Federation, announced that Taylor's book is now required reading for doctoral students in Denmark as well as in many other countries.

The month of July found Dr. Taylor in Snowmass, Colorado for the 2013 Symposium on Medical Problems of Performing Artists sponsored by the Performing Arts Medicine Association. Along with co-presenters Professor Emeritus A. Louise Steele of Ohio University and Dean Robert McAllister of the Colburn School of Performing Arts, he presented "Music Re-Instruction: A Protocol to Address Functional Recovery of Musicians in Cases of Traumatic Brain Injury." With this same team, he has presented previously on this topic at the Congress of the Federation des Associations des Musiciens Educateurs du Quebec in Quebec City, Canada as well as Southern California University and at AMTA and GLR conferences during the past two years. Their next presentation will be in October at the University of Kansas as part of the retirement celebration for Drs. Alicia Clair and George Duerksen, followed by a January 2014 presentation for the 12th Annual Hawaii International Conference on Arts and the Humanities.

Also in July, Dr. Taylor received a Lifetime Achievement Award from the Alumni Association of the College of Emporia where he studied for two years before transferring to the University of Kansas to complete bachelors, masters and doctoral degrees. The award, presented July 6 in Kansas City, Kansas, recognized Taylor's "pioneer work in music therapy research and his contributions to the understanding of the brain and music as therapy." Along with his wife, Jennifer, he continues to be active in both downhill and cross-country skiing and is involved in sailboat racing and sailing instruction with the Lake Wissota Yacht Club.