2020 GLR-AMTA Regional Conference
Concurrent Sessions

Friday, March 6, 2020

8:00-9:15 AM

**Sienna I**
**Exploring a Standardized Pediatric Music Therapy Assessment**
*Presenter(s): Laura Pawuk, MM, MT-BC*
How can research be generated that demonstrates the effectiveness of music therapy in pediatric acute care settings? Envision the possibilities when large scale data sets are compiled by music therapists from multiple hospitals. Discover how standardizing outcomes through EPIC can produce needed research opportunities.

**Sienna II**
**The Effects of Pre-Transplant Music Therapy for Patients Undergoing Allogenic Stem Cell Transplant**
*Presenter(s): Debbie Bates, PhD, MT-BC*
This session will present the method and results of an RCT exploring the effects of pre-transplant music therapy on distress, pain, anxiety, mood, quality of life, and pain medication use during the preparation period for patients undergoing allogeneic hematopoietic stem cell transplant. Implications for theory, education, and clinical training will also be discussed.

**Sienna III**
**Addressing Issues of Attachment in Trauma-Informed Music Therapy**
*Presenter(s): Emma Moonier, MS, LPCC, MT-BC*
Issues of attachment arise in all clinical settings, as our clients struggle with abuse/neglect, changing or unstable support systems, medical or psychiatric institutionalization and/or incarceration. This presentation will address the ways in which attachment injury becomes visible in our clients across populations, and strategies for addressing attachment trauma within music therapy practice.

**Sienna IV**
**Retrogenesis Informed Music Therapy**
*Presenter(s): Holly Semrow, MT-BC*
The best thing I ever did to improve my practice with older adults with dementia was having my own children. Retrogenesis theory explains the similarities between child development and deterioration for people with Alzheimer’s disease. As music therapists, understanding this theory is the key to providing meaningful music therapy to even the most challenging clients.
Mahogany I
Developing Harmonica Research Protocol with Mayo: Past Research, Current Practice, Future Implications
**Presenter(s): Lee Anna Rasar**
This session will present harmonica research protocol development with music therapy and Mayo pulmonologists based on previous clinical work and research in music therapy and in related fields in cardiopulmonary research. Implications for future research and clinical implementation will be included along with safety considerations for a variety of diagnoses.

Mahogany II
Intersecting Identities: A case study of a transgender girl with autism
**Presenter(s): Tony Beuchel, MT-BC (he/him/his); Michaela Yaste (she/her/hers)**
Music therapy with transgender clients is a largely unexplored topic. This presentation will address that gap by presenting a case study on the relational dynamics of a queer therapist working with a young transgender girl with autism, as well as supervising a non LGBTQ+ identified student in working with her.

Mahogany III
Keep Movin' in 2020: Clinical Implications and Practical Application of Rap/Hip-Hop in Music Therapy
**Presenter(s): Jessica S. Fletcher, MM, MT-BC; Sarah Sheets, MT-BC**
Feeling hesitant to include rap/Hip Hop into the clinical settings due to unfamiliarity or discomfort with the genre? Join music therapists with experience with this genre in discussions and practical examples of their own challenges and successes with using rap/Hip Hop within the clinical setting.

Slate
You Can’t Pour From an Empty Cup: Sustainable Self-Care Strategies for the Real World
**Presenter(s): Jennifer Hicks, MT-BC, E-RYT**
This workshop will review past research by music therapists on burn-out as well as ways to prevent and reduce its negative effects. Participants will then have the opportunity to explore a variety of self-care strategies and to choose at least one that they will integrate into their daily lives.

10:45 AM-12:00 PM
Sienna I
Growing Confidence with IEPs: Tips from the School Administrator & District MTs
**Presenter(s): Shawna Dippman, M/Ed, MCISD Administrator; Laurel Rosen-Weatherford, MM, MT-BC; Angela M. Snell, M.S.Ed, MT-BC**
Whether you’re on the IEP or not, music therapists working in schools are bound to provisions outlined in IDEA. Learn user-friendly IEP-related strategies from a school administrator and district music therapists. Grow your competence and confidence using music therapy to close achievement gaps and support student success within the curriculum.
Sienna II
Leaving the Profession: a grounded theory exploration of music therapists' decision
Presenter(s): Jenny Branson, MS, MT-BC
Published studies identify burnout and job satisfaction as factors impacting music therapists’ professional longevity, but there are no studies published exploring the reasons music therapists have left the profession. This grounded theory study aims to develop a theory describing the decisions of music therapists who have left the profession.

Sienna III
The Impact of Hospitalization on Child Development and How Music Therapy Can Help
Presenter(s): Holly Platis, MS, MT-BC
This presentation will discuss the three common theories in Childhood Development, the impact hospitalization has on these milestones for each age category, and how different music therapy interventions can be applied to assist in keeping children on track developmentally.

Sienna IV
From Classical to Practical: Applying Vocal Talent in Clinical Practice
Presenter(s): Becky Engen, PhD, MT-BC; Sharon R. Boyle, MM, MT-BC
Entering the profession, were you prepared for the vocal demands of the job? How did your training prepare you or fail you? Participate in discussion of vocal impact, possible solutions, and exercises to bridge perceived gaps between technique learned and what is used and needed for you work.

Mahogany I
A Year with the New Code of Ethics
Presenter(s): Janice S. Schreibman, MM, MT-BC, CCLS
The 2018 Code of Ethics will be reviewed. Participants will be encouraged to talk about the Core Principles and how they are operationalized. Participants have opportunity to work through preplanned scenarios and if time permits, share experiences that have taken place within the last year.

Mahogany II
Termination in Music Therapy: Navigating through the complexities and demystifying process
Presenter(s): Leslie A. Henry, MM, MT-BC
As part of the treatment process, termination is a skill with little literature and rarely presented on at professional conferences. In order for the client to optimally benefit from the therapeutic relationship, attendees will develop solid skills gaining comfort with this phase of treatment.
**Mahogany III**

**Music therapy for social connectedness in adults with addictions: Research and applications**

*Presenter(s): Michael Silverman, PhD, MT-BC; Sonia Bourdaghs*

Social connectedness represents a consequential factor in addiction but has received inadequate attention in the music therapy literature. The presenters will summarize social connectedness and addiction research, propose a neurological rationale for targeting social connectedness, and present two music therapy research studies concerning social connectedness in adults with addictions.

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**Cyan**

**Building Your Music Therapy Dream Team: Cultivating Employer and Employee Job Satisfaction**

*Presenter(s): Meredith Pizzi, MPA, MT-BC; Erin Spring, MM, MT-BC*

How do you envision and build your “music therapy dream team?” Presenters will assist participants in answering this question for themselves by reviewing policies, procedures, programs and strategies that shape strong successful teams. Examples of successful team growth and development will be provided by presenters and elicited from the participants.

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**Slate**

**Integrating a Volunteer Singers Into a Hospice Music Therapy Program**

*Presenter(s): Laura Pawuk, MM, MT-BC; Emily Paar, MT-BC*

Learn how two different hospices integrated singing volunteers into their music therapy programs. Attendees will learn about how the programs were developed and the benefits to patients, families, MT’s, volunteers and administrators. Referral criteria, volunteer education and supervision will be discussed. Challenges and strategies to overcome them will be shared.

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1:30-2:45 PM

**Sienna I**

**Best-Practice Recommendations for Your Musical Toolbox for Children with Cochlear Implants**

*Presenter(s): Jessica MacLean, MM, MT-BC; Kimberly Sena-Moore, Ph.D, MT-BC*

Clinical practice and research inform the use of certain music elements to promote language development in children with cochlear implants (CIs). This presentation describes the process of identifying musical elements which are most applicable for use with children with CIs and provides appropriate music examples.

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**Sienna II**

**Music Therapy Education Through Practicum Placement: Strategies for the Site and the Classroom**

*Presenter(s): Emma Moonier, MS, LPCC, MT-BC*

Practicum placements are fertile ground for music therapy students to develop clinical skills, professional skills, and a sense of self within the professional sphere. Participants will explore and discuss ways to structure both clinical and classroom experiences to increase academic, clinical and personal development.
**Sienna III**  
**Successfully Scaling Your Dream Business: Systems and Procedures to Support Your Business Growth**  
*Presenter(s): Christina Wood, MA, MT-BC; Erica Flores, MT-BC, WMTR; Meredith Pizzi, MPA, MT-BC*  
Music Therapy Practices are growing! To serve the community, clients and employees, business owners need to develop additional competencies around practice management. Three seasoned business owners that have agency models around the country will share tips and strategies that have helped them manage their businesses.

**Sienna IV**  
**On the Road Again! Finding Success as a Traveling Music Therapist**  
*Presenter(s): Hannah Donnellan, MT-BC*  
The presenter will seek to share experiences of being a traveling music therapist. From effectively managing a long commute to identifying key differences in job descriptions, the presenter will provide opportunities for attendees to identify methods and discuss how to find success to being an on-the-road music therapist.

**Mahogany I**  
**The Way to Your Heart: Music Therapy with Cardiac Patients in a Pediatric Hospital**  
*Presenter(s): Kylie Rodriguez, MM, MT-BC*  
Children with cardiac defects have multiple heart surgeries prior to their 4th birthday. They often have extended hospital stays and requirements to transition home. Music can act as a motivator for therapies within this population. Come and experience interventions of how to increase movement, coping, and developmental skills with these little ones.

**Mahogany II**  
**Therapeutic-Oriented Music Products Marketed Across Populations: Overview, Advocacy, Evaluation, and Consultation Resources**  
*Presenter(s): Dale Taylor, PhD, MT-BC; Erin Spring, MM, MT-BC*  
Music is increasingly recognized for its therapeutic value. The market has responded with therapeutic-oriented music listening products/services designed to address a breadth of populations and needs. This presentation will review current therapeutic-oriented music options, facilitate a discussion of therapists’ experiences with these, and provide resources for developing expert and ethical responses to this ever growing and changing market.

**Mahogany III**  
**Recertification Reboot, Convenient, Economical, and Certificant-Centered**  
*Presenter(s): Hindi Burkett, MT-BC*  
Acquiring 100 certification credits does not have to be confusing or costly! We will review the most updated recertification requirements, identify and evaluate various economical options for obtaining credits, and review the online platform for recording continuing education. Bring your recertification questions and scenarios for thoughtful discussion and suggestions. Be ready for some very pleasant surprises!
1. Culture-Centered Music Therapy: Resources for Working with Latinx Immigrants
   **Presenter(s): Michaela Miller**
   Due to an increasing need for culture-centered thinking in music therapy and the current political context, it is imperative for music therapists to have resources to work with Latinx immigrants. I will offer ways to redefine music therapy for Latinx immigrants and their communities by outlining various models and approaches that can respond to their areas of need.

2. Resources for Spanish Speaking Individuals in Music Therapy
   **Presenter(s): Chelsea A Cisneros**
   A presentation of an in-depth internship project that brings awareness to the lack of resources available for Spanish speaking persons in music therapy, specifically in the Cincinnati Tri-State Area. This presentation will also provide music therapists with ways in which they can seek greater cultural competency in regard to the Hispanic population.

3. Increasing Client Engagement with Clinical Songwriting: A Workshop for Early Childhood MTs
   **Presenter(s): Stephanie Leavell, MT-BC**
   What makes a clinical song successful? How can music captivate and hold the attention of a child and increase their engagement in music therapy? First, we’ll discuss concrete songwriting techniques that can transform your songs. Then, we’ll write, analyze, and modify our own clinical songs in a supportive workshop environment.

**Mahogany VII**

An Introduction to The Bonny Method of Guided Imagery & Music
   **Presenter(s): Louise Dimiceli-Mitran, MA, LCPC, MT-BC**
   The Bonny Method of GIM involves listening to selected classical music in a relaxed state to elicit mental imagery from the deeper conscious self. The therapeutic functions of music, imagery and processing will be discussed. Participants will experience a group music imagery session. Definitions, clinical uses, contraindications and resources will be included.

**Cyan**

Referring the hospice patient: An interdisciplinary team panel discussion
   **Presenter(s): Jennifer Burgeson, RN, MSN, MBA; Catherine Dello, LCSW; Nicolle Grasse, MD; Mia Iliopoulos, MT-BC; Ana Madden, MT-BC; Bryn McCabe-Weiland, MT-BC; Diane Rapaport, MD; Meg Sheetz, B.S.**
   Patients, patient’s families and music therapists benefit from a referral process which encourages open communication among the hospice interdisciplinary team. A panel of seasoned hospice professionals will discuss their thoughts and experiences regarding music therapy referrals. Participants will learn how to implement a music therapy referral process.
Slate

Acquisition, Maintenance, and Generalization of Social Skills through Music Therapy Interventions

Presenter(s): Edward T. Schwartzberg, M.Ed., MT-BC

We strive to help our clients acquire, maintain and generalize a myriad of skills. Through discussion, experiential examples and clinical videos, this presentation will provide attendees with current and evidence-based assessments, repertoire and intervention ideas to use with individuals who present with social skill needs.

3:00-4:15 PM

Sienna I

Electronic-Based Sounds in Modern Music: Composing and Playing Applications in Music Therapy

Presenter(s): Rebecca West, MM, MT-BC; Christiaan Wiesland

Presenters will discuss influential hardware synthesizers, drum machines, sampling, music software, historical moments and individuals who shaped modern music and specific electronic-based sounds. Participants will hear examples, learn about current software options and have an opportunity to recreate a popular song using Garageband. Optional: bring an ipad or mac computer

Sienna II

Providing the Music Therapy that Clients Want and Need: Integral Music Therapy Practice

Presenter(s): James Hiller, Ph.D., MT-BC

Attendees will join in the process of examining Bruscia’s conceptualization of Integral Music Therapy Practice (presented at the 2011 William Sears Distinguished Lecture), including foundations for Outcome, Experience, and Context Orientations, and relate these to commonly applied theoretical perspectives such as Cognitive-behavioral/Medical/Neurological, Humanistic, Psychodynamic, and Music-Centered approaches.

Sienna III

"Welcoming Concerts": Uniting Our Local Symphony, Music Therapy Students, and the Neurodiverse Community

Presenter(s): Laura Pawuk, MM, MT-BC

Discover how the collaboration between our university music therapy program’s students and local professional symphony orchestra’s musicians supports the neurodiverse community with “Welcome Concerts” where instrument exploration and live music are experienced in a relaxed atmosphere, and everyone’s experience is supported and celebrated.
Sienna IV

Using transference and countertransference to skillfully inform the therapeutic process

Presenter(s): Annie Heiderscheit, Ph.D, MT-BC, LMFT; Emma Moonier, MS, LPCC, MT-BC

The role of the music therapist is to be there for and with the client, this includes developing an authentic therapeutic relationship and exploring the client’s feelings and experiences as well as acknowledging one’s own inner experiences. This presentation explores the therapeutic potential in addressing transference and countertransference.

Mahogany I

"I know you're creative, but am I?": Unleashing Creativity

Presenter(s): Emily Sevcik, MSEd, MT-BC, LPC

Creativity of music therapists and clients are a cornerstone of music therapy practice, yet it can be difficult to recognize aspects of creativity beyond the products that arise. Come explore how personal characteristics and the process of creativity can be recognized and fostered for the growth of creative expression.

Mahogany II

Revamping Referrals: Reworking the music therapy referral process at Southern Wisconsin Center

Presenter(s): Veronica M. Truby, MT-BC

Referral is the first step in the music therapy process. Learn how the music therapy referral process and form was revamped to better assist members of the interdisciplinary team at Southern Wisconsin Center understand individuals’ areas of clinical need when referring them to music therapy services.

Mahogany III

Considerations for a Trauma Informed Practice in Music Therapy

Presenter(s): Kathryn Orrett, MT-BC

As our knowledge of trauma and its impact on an individual’s development expands, as does the need for services that address this trauma. When paired with evidence-based interventions facilitated by a music therapist, the potential for healing, resilience and an improved developmental trajectory is significant. Attendees will learn how to apply trauma-informed principles and concepts to music therapy practice, and strategize resources to encourage resilience and post-traumatic growth.

Mahogany V-VI

Heartbeat Legacy Songs: Sharing Lessons Our Team Has Learned

Presenter(s): Christina Wood, MA, MT-BC; Brianna Larsen, MT-BC; Siobhan Kelley, MT-BC; Destiny Boyum, MT-BC

Our team will share lessons learned about heartbeat song recordings that are done weekly in hospices and large adult and pediatric hospitals. Protocols, legal approval, technology glitches, equipment, collaboration with other professionals, and editing will be discussed along with opportunities for you to bring your own equipment and share what works for you.
Land that job: Effectively apply for employment and internship  
Presenter(s): Lindsey Wright, MT-BC  
After facilitating hundreds of interviews for multiple types of employees and interns, I want to share with you the best strategies for landing the job or internship of your dreams! This presentation will include the best practice for creating applications, resumes, and/or a curriculum vitae; interviewing strategies; and professional follow-up.

Ethical Thinking in Music Therapy Education  
Presenter(s): Lauren DiMaio, PhD, MT-BC; Becky Engen, PhD, MT-BC; Maya Johnson  
This session encourages integrity within music therapy education and draws attention to ethical issues within music therapy academics. Four steps, building upon an existing model for ethical thinking, are shared as related to music therapy education. Additionally, recent research conducted by the presenters on this subject is integrated into the lecture.

State Recognition Task Force Efforts: A Roundtable Discussion  
Presenter(s): Nancy Swanson, MA, MT-BC; Ed Gallagher, MT-BC; Leslie Henry, MM, MT-BC; Erin Spring, MM, MT-BC; Casey De Priest, MT-BC; Todd Schwartzberg, M.Ed., MT-BC; Brittany Scheer, MA, MT-BC; Bernadette Skodack, MM, MT-BC; Kellee Coviak Hansen, MS, MT-BC; Ericha Rupp, MA, MT-BC  
Task force chairs from the Great Lakes Region will summarize current legislative conditions in each state and discuss main challenges faced along the way to state recognition of the profession. Further dialogue will offer best solutions for these common challenges. Attendees can bring concerns and questions regarding state recognition efforts.

An Illustration of an Alliance between Music Therapy and Applied Behavior Analysis  
Presenter(s): Debra Farrar-Schneider Ph.D. / H.S.P.P. / BCBA-D / IMH-E® (IV); Stephanie Harris, MA, MT-BC, RBT; Janet Herington, MT-BC, RBT  
Music therapists and a Board Certified Behavior Analyst will share their successes and challenges in an alliance of music therapy and ABA services. Video examples will show common ABA techniques incorporated in music therapy, as well as specific music therapy techniques used to enhance ABA sessions.
Sienna II
Wiggidy Wiggidy Wack: Our Journey with a Seven-Year-Old with Communication and Behavioral Challenges
Presenter(s): Susan Gardstrom, Ph.D, MT-BC; Marie Reddy, Student Music Therapist
Join the presenters, a music therapy student and her practicum supervisor, as they describe their wiggidy wiggidy wack (non-ordinary, awkward), 3-month journey into the relational world of a young boy and identify pivotal moments that led to personal and professional growth. Videotape excerpts will serve as a catalyst for learning.

Sienna III
Grief Camps: Using Expressive Arts to Talk Grief with Children and Adults
Presenter(s): Andrea Owens, MT-BC
Learn how to fund, market, plan and implement a 1 day grief camp with your company.

Sienna IV
So...you want to start a music therapy business?
Presenter(s): Amy Foley, MMT, MT-BC
Have you ever wanted to start your own business, but did not know where to begin? Participants will learn to use their existing skill set as music therapists to inform their decisions around music therapy business ownership. Topics covered include a business plan, finances, paperwork, marketing, networking, staff, and space.

Mahogany I
Nurturing the Mother-Baby Dyad: Discovering How Music Therapy Can Support the Breastfeeding Relationship
Presenter(s): Jacklyn Bartkowski, MT-BC
The breastfeeding relationship is intimate and complex—affected by outside forces, sensitive relationship dynamics, and unique physical processes. This session will present a foundational knowledge of breastfeeding mechanics, an overview of current relevant research, and an exploration of music therapy techniques that may be effective in this realm.

Mahogany II
Finding Freedom in Music - MT in the Juvenile Detention Setting
Presenter(s): Lalene DyShere Kay, MM, ACC, MT-BC; Madeline Silver-Riskin, MTI; Ron Stollar, Superintendent, Medina County Juvenile Detention Center
A student practicum experience at the Medina County Juvenile Detention Center brought a long-sought after therapeutic opportunity to youth offenders. Under the supervision of a faculty MT-BC, the MCJDC’s Superintendent and 2-3 security officers, participants attended weekly 45-minute sessions. Presentation will include assessment, treatment plan and evaluation data plus musical creations from the participants (used with permission).
**Mahogany III**

**Developing Community Music Therapy Resources for Refugee Youth through Action Research**

**Presenter(s): Nancy Jackson, Ph.D, MT-BC**

Refugee youth face challenges in acclimating to their new community due to cultural differences. This session tells the story of the development of a community music therapy resource through the process of action research, including challenges and unexpected treasures that have been uncovered through the process of working together.

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**Mahogany V-VI**

**Inform Your Future! Meet the Commision**

**Presenter(s): Jennifer Hicks, MT-BC, E-RYT; Jennifer D. Jones, Ph.D, MT-BC; Tracy Richardson, Ph.D, MT-BC**

Members of the Commission on the Education and Clinical Training of 21st Century Music Therapists will highlight information, including charges from the AMTA Board; responses to two key questions presented to the MT community; review previous work and next steps; and emphasize the importance of connecting with the Commission.

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**Mahogany VII**

**In with the New: MTBC’s Incorporating Technology Advancements to Enhance Patient Hospitalizations**

**Presenter(s): Emma Wymer, MT-BC; Connor Rivera, BS**

The use of music and technology is on the rise. Pediatric patients gravitate more toward music and technology advancements within music therapy sessions every day. Come learn techniques to incorporate into your clinical practice with patient/client aims that can promote movement, socialization, and community, all centering around music and technology.

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**Cyan**

**Authentic leadership: The strength that lies within you**

**Presenter(s): Lindsey Wright, BS, MT-BC; Jennifer Pinson, MT-BC**

Music therapy needs authentic leaders within our communities, trade associations, political process, and in the workplace. Through assessing your own strengths, you can find your leadership niche to affect the change you would like to see!

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**Slate**

**Creating Performance: Using the Therapeutic Performance Initiative (TPI) Model**

**Presenter(s): Azizi Marshall, MA, LCPC, RDT-BCT, REAT**

Looking to create a meaningful piece of work that helps heal communities? Created to give structure to Theatre for Change's socially relevant performing arts, the Therapeutic Performance Initiative (TPI) model addresses the use of drama, dance/movement, art and music, and the collaboration and connection between communities and individuals.
Saturday, March 7, 2020

9:00-10:15 AM

Sienna I
**Business Planning: Leveraging Your Business to Increase Access to Services**
*Presenter(s): Jennifer Pinson, MT-BC*
A business plan can act as a treatment plan for your business. It is important to assess strengths, areas of need, write SMART goals, track data, and evaluate. Writing a plan that reflects your business sets everyone up for success. Learn how to leverage your business to increase access to service.

Sienna II
**Constructing Musical Meanings: Experience a Model of Phenomenological Song Listening and Interpretation**
*Presenter(s): James Hiller, Ph.D, MT-BC*
Attendees will be guided through processes of song analysis and interpretation through phenomenological listening and theory application. A key aim is to empower therapists’ use of their own reflexive listening resources, focusing on essential musical aspects of recorded songs to thereby deepen song discussion experiences for clients.

Sienna III
**Palliative Medicine & Music Therapy: A Perfect Partnership to Support Complex Patient Needs**
*Presenter(s): Christina Wood, MA, MT-BC; Brianna Larsen, MT-BC; Siobhan Kelley, MT-BC*
Palliative Medicine Programs are growing at a rapid rate and music therapy is a perfect addition. Learn how music therapy has become an essential part of a palliative team and how it was integrated. We will share lessons learned and opportunities for growth for future programs.

Sienna IV
**Advocacy Cafe: Advocacy is inevitable, let’s talk about it**
*Presenter(s): Leslie A. Henry, MM, MT-BC*
Music therapists use a variety of advocacy skills different situations and contexts. Some of these situations can seem comfortable to us, while others do not. This session will offer an informally moderated conversation of a variety of advocacy methods with cake and conversation.

Mahogany I
**Working with clients with complex clinical profiles in music therapy: Clinical decision making**
*Presenter(s): Annie Heiderschett, Ph.D, MT-BC, LMFT*
Many clients who participate in music therapy have complex clinical profiles, defined as having more than one mental disorder. There is little published guidance on the safe use of music therapy with these clients. This presentation will provide an overview of considerations for using music therapy including risk factors and contraindications.
**Mahogany II**

**A Case Study: Social skills in individual music therapy- preteen with ASD**  
*Presenter(s): Denise Coover, MM, MT-BC*

Facilitating social skills in an individual music therapy session can be challenging. A case study of a teenager with ASD including background information, pre/post test, music therapy goals, music therapy interventions and evidence of transfer of skills over a one year period will be presented.

**Mahogany III**

**That was Then - This is Now: The Ever-Changing Practice of Music Therapy**  
*Presenter(s): Jennifer D. Jones, Ph.D, MT-BC*

This presentation will track the curriculum of Western Illinois University from its inception to current day noting changes over the years. In conjunction, we will look at research publications and clinical practice trends. Popular music from each decade will be considered, too. Music therapy is ever-changing. What’s next?

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**10:30-11:45 AM**

**Sienna I**

**Living Color: Two Therapists’ Perspectives of the Integration of Multiculturalism**  
*Presenter(s): Loretta Medeiros, BA, MM; Peter Meyer, MA, MT-BC*

Two therapists from underserved communities will discuss their experiences in music therapy including: poverty, experience as a therapist of color in a predominantly white institution, an innovative mindset for working with people of different cultures, and integrating unfamiliar music to address client need.

**Sienna II**

**Goal Writing: Objectives, Benchmarks, Evaluation Criteria & Data Collection**  
*Presenter(s): Meredith Powers, MT-BC*

Write goals that are measurable, use better evaluation criteria and based upon present levels of performance. Goals are presented in two forms, involving those with benchmarks that increase over time, as well as objectives which address different sub-skills within the goal. Evaluation criteria is described, data collection formats, and summarizing progress based upon the evaluation criteria.

**Sienna III**

**Keys to a Successful Community-Based, Early Childhood Program**  
*Presenter(s): Meredith Pizzi, MPA, MT-BC; Elizabeth K. Schwartz, MA, LCAT, MT-BC*

Music therapists have a great deal of knowledge, skills, and expertise to share in their communities. Early childhood programming provides a great way to fill a need in the community, utilize their skill set and, advocate for music therapy services. Come share ideas, fill your toolbox, and collaborate.
**Sienna IV**  
Total Eclipse of the Heart: Stories, Research, Heartbeat Recordings, Music of Cardiology  
*Presenter(s): Nathan Mensah, MA, MT-BC*  
Music therapy on cardiology units come with a specific set of challenges, especially with patients often needing help coping with the medical and psychological changes of having a new heart. Case studies and heartbeat recordings will be shared, music will be made, knowledge and lessons will be passed on.

**Mahogany I**  
Death Cafe: Great Lakes - Schaumburg  
*Presenter(s): Becky Engen, PhD, MT-BC; Lauren DiMaio, PhD, MT-BC*  
This is a public forum hosted by music therapists. Join us for tea, cake, and a discussion about death. The aim of death cafes (deathcafe.com) is to increase awareness of death to help people make the most of their (finite) lives. We meet without agenda or set conclusions. All are welcome.

**Mahogany II**  
Music Therapy Methods in Mental Health: Practical Suggestions for Session Planning  
*Presenter(s): Jennifer Hicks, MT-BC, E-RYT*  
Whether you are a new professional or an experienced professional looking for new session plan ideas, attend this highly experiential CMTE to experience various ways to incorporate the four music therapy methods (receptive, re-creative, improvisation, and composition) into your group sessions for adults with mental health disorders!

**Mahogany III**  
Emotional Intelligence: Applying Therapeutic Skills in Supervision  
*Presenter(s): Leah Stark, MT-BC*  
The speaker will illustrate how therapists’ clinical skills can be used to foster successful supervision, even without having leadership experience. The concept of emotional intelligence and how it can be applied to real supervision scenarios will be presented, as well as the opportunity for participants to discuss their own experiences.

**Cyan**  
Music and Williams Syndrome Update: Research, Techniques, Camps, Clinics, etc.  
*Presenter(s): Donovon Thakur, M.M., MT-BC (they/them)*  
Individuals with WS are known to have an affinity for music, which may often lead them to be particularly responsive to music therapy. This presentation will overview current literature related to music and WS (via a published master’s thesis), and detail a variety of settings and methods through which one might interact with individuals with WS, both clinically and non-clinically.
Mindfulness, Music and Mandala: Cultivating Self-Compassion around Privilege and Bias
Presenter(s): Sangeeta Swamy, PhD, LPC, MT-BC
This workshop is designed to provide participants with powerful inner tools to chip away at sociocultural privilege and bias through mindfulness, loving kindness meditation, and Supportive Music & Imagery.

1:45-2:45 PM – State Meetings

Sienna I
Minnesota

Sienna II
Indiana

Sienna III
Ohio

Sienna IV
Wisconsin

Cyan
Michigan

Slate
Illinois

3:00-4:15 PM

Sienna I
Addressing Common Behavioral Issues of ASD Using Rhythm-Based Regulation Strategies
Presenter(s): Casey DePriest, MT-BC; Tsz-Hei Fatima Chan, MME, MT-BC
This concurrent will focus on how to use rhythm-based strategies to address problematic behaviors of individuals with autism spectrum disorder. Participants will explore the movement and sensory differences of autism and learn innovative rhythm-based techniques that support more functional movement, sensory regulation, and reliable communication in individuals with severe autism.
**Sienna II**

**Promoting Clients' Therapeutic Use of Music During the Other 167 Hours a Week**  
*Presenter(s): Erin Spring, BM, MM, MT-BC; Jessica L. Fletcher, MM, MT-BC; Sarah Sheets, MT-BC; Sara May, MT-BC*

We see the incredible impact of music therapy during our sessions. Effects of music therapy may linger after our sessions for our clients. However, some clients may benefit from increased music support after the music therapist has left for the day. This session will discuss how we can empower our clients, their caregivers, and our communities to use music safely and beneficially without the presence of an MTBC.

**Sienna III**

**What happens when WE become part of a patient's traumatic experience?**  
*Presenter(s): Kimberly Spitz Donley, MS, MT-BC*

In a medical setting, Music Therapists are often working with patients who are experiencing trauma. In some cases, our presence can become a trigger to remembering this trauma. What can we do to reestablish a therapeutic relationship and when should we consider discontinuing our services?

**Sienna IV**

**Singing Rounds all Round The Town**  
*Presenter(s): Katie Bender, MT-BC; Tzippora Rhodes*

Singing offers a low-budget, highly stimulating and potentially highly soothing intervention, that we can employ for ourselves, and in the community; we’ve found singing “round town” strikes transformational harmony. Our session will detail the development of a mobile singing community on Chicago’s northside, and offer recommendations for program development as well as active learning by doing, by teaching a number of ancient and contemporary songs.

**Mahogany I**

**Maintaining Optimal Engagement in Music - the Delicate Dance**  
*Presenter(s): Elizabeth K. Schwartz, MA, LCAT, MT-BC*

Every person engaging in music therapy brings to the experience a unique and complex musical profile. This presentation will help participants to identify key music indicators of optimal musical engagement across a variety of populations while experiencing and learning music-centered interventions that support session flow, structure, contour and musical responsiveness.

**Mahogany II**

**Amplifying Voices: Addressing Individual Needs in Group Settings in Therapeutic Day Schools**  
*Presenter(s): Stacey Patterson, LCPC, MT-BC; Magdalyn Werner, MT-BC*

Music therapists in therapeutic day schools have the unique challenge of supporting the individual, and often conflicting, social-emotional needs of diverse and vulnerable adolescents in a group setting while creating a safe space for individuals to express themselves. Through experiential components and discussion, this presentation will give tools for developing trusting relationships and selecting appropriate music interventions.
Mahogany III
Accessing Music Through the Use of Adaptive Switches
Presenter(s): Eva Balich; Bridget Gondek, MT-BC; Beth Ann Kimura, MT-BC; Rhea Matar
Using switches and adapted equipment, even individuals with severe and profound disabilities and limited mobility can be included and actively participate in music therapy interventions. Attendees will learn how to incorporate adaptive switches to provide accessibility to independence, communication, and engagement of music for clients of all abilities.

Cyan
Educators/Internship Directors Roundtable
Presenter(s): Kay Luedtke-Smith, MT-BC
This roundtable/concurrent session has happened annually at the GLR conference for over 10 years. The purpose is to bring academicians and internship directors/supervisors together for discussion of mutual concerns and ideas.

Slate
Staying in-synch: utilizing music therapy for those left behind
Presenter(s): Susan Smiddy, MT-BC
Oftentimes we provide care to terminally ill patients, however, how do we care for loved ones left behind? This presentation will share examples of how music therapy resonates beyond the walls of a hospital through the use of songwriting and recording as part of the Continuing Bonds Model of Grief.

4:30-5:45 PM

Sienna I
Drumming-to-Speech to Improve Prosody Perception for Children with Cochlear Implants
Presenter(s): Jessica MacLean, MM, MT-BC
This presentation describes an exploratory study centered on the use of a drumming-to-speech intervention for language development in children with cochlear implants. Theoretical and clinical foundations, methods, results, and future directions will be addressed. Participants will experience and gain practice with the intervention.

Sienna II
Find Your Harmony in Career and Parenting
Presenter(s): Jennifer Pinson, MT-BC; Morgan Sparks, MT-BC
Love your career and your family, but struggling to maintain it all? Let us help you find harmony in the craziness of life. From setting goals, creating boundaries, and identifying resources, we want you to find the harmony your life deserves.
Sienna III
Dance and Movement in Music Therapy: Mindfully Expanding our Range of Motion
Presenter(s): Natasha Thomas, PhD, MT-BC
This experiential session will involve discussion of how movement and music are related (including scope of practice for MT-BCs vs. Dance/Movement Therapists), an introduction to basic body mechanics, and embodied movement experiences to aid in the expansion of our own movement repertoires and vocabularies. Cultural considerations regarding movement will also be addressed.

Sienna IV
The Perception of Trauma-Informed Care Amongst the Music Therapy Community
Presenter(s): Chelsea Mabes, MA, MT-BC
After a thorough study regarding music therapist’s perceptions of trauma-informed care, it is imperative that our field recognizes trauma in practice, understands the neurobiology of trauma, and explore trauma-informed care and its implications for music therapy clinical practice.

Mahogany I
Therapeutic Uses for Drum Set
Presenter(s): Leah Stark, MT-BC
Drum sets are not just for drummers anymore! This presentation will address how to acquire and use a drum set in music therapy sessions to address specific client goals. In addition, adaptations to interventions, polyrhythms, and basic drum set patterns will also be introduced and practiced together.

Mahogany II
Create Your Dream Business: How to Make Being Your Own Boss a Reality
Presenter(s): Azizi Marshall, MA, LCPC, RDT-BCT, REAT; MT-BC, CYT 500; Alyssa Wilkins, MT-BC, CYT 500
This workshop will inspire anyone wishing to strike out on their own to bring the creative and expressive arts to clients and the community. From structuring a business to marketing, participants will explore how they want their journey to look. Legal and ethical considerations will be addressed, as well as social media, brand continuity, press releases, discovering your mission and guided support and networking.

Mahogany III
Music Therapy Left You Tongue-Tied? Exploring our purpose and refining our message
Presenter(s): Jenni Rook, MT-BC, LCPC
Even the most experienced music therapists find themselves struggling to describe music therapy. What if we have been going about it all wrong? This workshop will offer suggestions for redefining our message as we move our field forward as a first choice of treatment for mental and physical health.
Becoming a new professional can be an exciting and challenging new chapter. This panel discussion will be led by MT-BCs in their first three years of professional life. In careers with diverse populations, struggles, and successes; the student, intern, and new MT-BC can come with their questions about the transition.